

Emergency Department Update

Friday, October 11th, 2024

Issue # 172

GENERAL

Open Enrollment is now open through October 25th

If you are not already enrolled, the SF Health Service System (SFHSS) Open Enrollment Period is your opportunity to get enrolled in CCSF's high quality employee health care system. **The Open Enrollment period for 2024 is between September 30th and October 25th.** If you use a flexible spending account, you must enroll and elect in this yearly.

Don't fret: outside of the Open Enrollment period, CCSF employees can also alter their healthcare plan whenever a [qualifying life event](#) occurs.

Learn more: Your 2024 CCSF Employee Health Benefits Guide can be found [here](#). Additional information is available on the [SFHSS website](#)

ED TB Clearance

We are still looking for nursing staff to become TB champions & N95 champions for the emergency department. This will allow you to place and read PPD for DPH employees. If you are interested in this training please reach out to Robert.gnat@sfdph.org or Matthew.Talmadge@sfdph.org

Reminder: Blood Culture Bottles

We continue to run low on blood culture bottles due to a vendor shortage, we ask that you do not stock them in the bedside carts until we have a larger supply.

Influenza Vaccinations for our patients including the roving service.

ATTENTION TEAM: Patient Vaccine Clinic now OPEN!!!!

Hours of operations:

MONDAYS to FRIDAYS

830AM – 6PM; CLOSED for LUNCH 12-1PM

*****No appointments needed – walk-ins welcome!!!*****

Location:

BLDG 5 – 1st floor; across from Lucky Café/ ATM

- For ROVING RN Services – please call ext. **69935** and provide the following information:
 - **Department**
 - **Exam room location / patient location (i.e. waiting room, etc.)**
 - **Patient Name**
 - **Patient MRN #**
 - **Nurse/ Provider assisting the patient (for questions, etc.)**
 - **Type of vaccine requested (REGULAR vs HIGH DOSE FLU)**
- The **ROVING Vaccine Nurse** will provide the following services:
 - Conduct the screening
 - Vaccinate the patient
 - Provide Vaccine Information Sheet and education (including side effects)
 - Provide the vaccination record
 - If applicable - monitor the patient and/ or advise the team when the monitoring time will conclude – no longer applicable/ recommended by CDC for most of the public (*nurse will assess which patients need monitoring from screening*)
 - Provide anaphylaxis management and medications as-needed
- These services for **SFHN patients only** – please do not refer the public or out-of-network patients

For questions/ concerns/ feedback on this process, please contact:

Merjo Roca, Nurse Manager @ (510) 685-0318

Thank you for your assistance in getting our patients vaccinated!!

From our Partners in the Trauma Department



ZSFG Trauma Program and Department of Surgery News and Notes

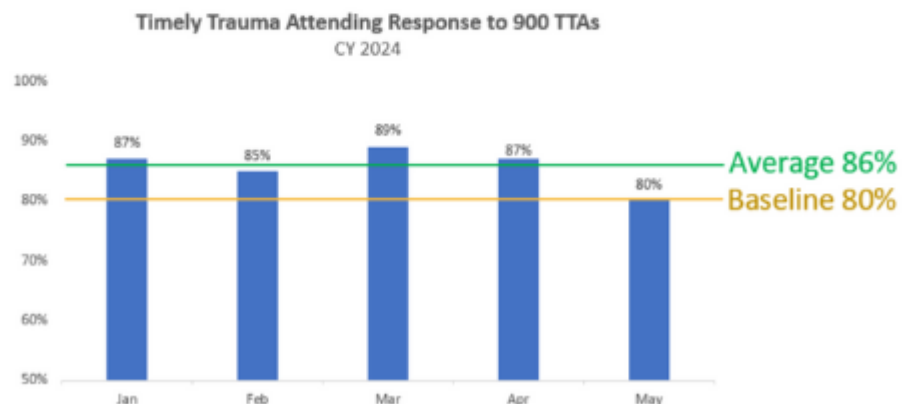
TRAUMA DOCUMENTATION REMINDER:

The American College of Surgeons requires for the highest level of activation (900 TTA), the trauma surgeon must be at the patients bedside within 15 minutes. THANK YOU for continuing to capture Trauma Attending arrival time for our 900 TTA and our 900 Upgrades!

Performance Metrics

For the highest level of activation, at least 80% of the time, the trauma surgeon must be at the patient's bedside within 15 minutes

(Source: Resources for Optimal Care of the Injured Patient 2022, Standard 5.4, Type I CD)



Source: ZSFG Trauma Registry

PEM PEARL

A [recent study](#) of over 31,000 pediatric trauma activations from 15 trauma centers in LA County found that **children with lower child opportunity indices** (COIs, a measure of neighborhood level resources critical for children's development) had **WAY higher mortality rates** after trauma (we're talking mortality rates **47.6%** in very low COI compared to **7.6%** in very high!). Many of the children we care for at SFGH have lower COIs and these findings will apply to them.

In addition to the unsurprising, yet appalling disparity in ***pediatric mortality*** (reminding ourselves that this is children dying-- a grave outcome), there are some other interesting tidbits in the paper:

- Highest mortality was from **assaults**, followed by **PVAs** and **MVCs**
- **32.6%** of all fatalities were from firearms
- Kids from lower COIs were more likely to die from **assault**, whereas kids from higher COIs were more likely to die from **self-inflicted** injuries

How might this change our practice? Well, being aware of the fact that many of the children we care for are already more likely to die from their injuries solely because of where they live can help us to proactively mitigate our own biases and really go the extra mile to give the child their very best chance of survival. This data also affirms the excellent injury prevention work by the [Wraparound Program](#) to help save our community's children from unnecessary deaths by assault and/or firearms. Make sure to refer any children injured by violence (other than IPV or child abuse) to the wraparound program, wraparoundreferrals@ucsf.edu. You could save one or several lives and break this tragic cycle!

- Dina Wallin, MD

EDUCATIONAL OPPORTUNITIES



Are you ready for some incredible trauma education in beautiful Monterey? Come join us at the beautiful Hyatt Regency Monterey Hotel And Spa for our 35th Annual Totally Trauma Conference on October 21st and 22nd! We will be celebrating **35** years of quality trauma education and we want you to be there! We will have an array of phenomenal speakers presenting on a wide variety of interesting, evolving and evidence-based trauma best practices. Come relax by the sea and soak up knowledge about all things trauma! Register at www.tecba.org

The challenges of providing quality trauma care continue. Trauma providers are expected to have advanced knowledge and skills in diagnosis, treatment and on-going management. The goal of TEC's Totally Trauma Conference is to present the most current clinical information available about the care of the injured patient. To meet this goal, we have coordinated an outstanding program with faculty who are providing frontline care. This dynamic conference will address cutting edge trauma care issues.

Our target audience is nurses, pre-hospital providers, advanced practice nurses and allied health professionals.

Course Objectives:

At the conclusion of this program the participants will be able to:

1. Discuss the current management and complications related to specific populations of trauma.
2. Describe three priorities when caring for the traumatically injured patient.
3. Identify key points learned from cases in trauma and how these impact practice.

Continuing Education:

Provider is approved by California Board of Registered Nursing, CEP 9916, for at minimum 14 hours.

This course has been approved for minimum 14 hours of Category 1 EMT-P Continuing Education by California EMT-P CE Provider

WHAT IS TEC?

The Bay Area Trauma Education Consortium (TEC) is a non-profit organization that was founded in 1986.

TEC membership consists of Trauma Program Managers, Clinical Nurse Specialists, Nursing Educators, and Injury Prevention Coordinators from the San Francisco Bay Area Trauma Centers: Alameda Health System- Highland Hospital, John Muir Medical Center- Walnut Creek Campus, MarinHealth Medical Center, Natividad Medical Center, Providence Santa Rosa Memorial Hospital, Santa Clara Valley Medical Center, Stanford Healthcare- Stanford Medicine, Sutter Health- Eden Medical Center, UCSF Benioff Children's Hospital Oakland, and Zuckerberg San Francisco General Hospital and Trauma Center.

COURSE OVERVIEW

The challenges of providing quality trauma care have been amplified over the past several years. Trauma providers are expected to have advanced knowledge and skills in diagnosis, treatment and on-going management. The goal of TEC's Totally Trauma Conference is to present the most current clinical information available about the care of the injured patient. To meet this goal, we have coordinated an outstanding program with faculty who are providing frontline care. This dynamic conference will address cutting edge trauma care issues.

TARGET AUDIENCE

This course is designed for nurses, prehospital personnel, advanced practice nurses and allied health professionals.

CONFERENCE THEME



Just like coral, which thrives in the face of adversity, our team has persevered and flourished. Coral represents resilience, adaptation, and the beauty that emerges even in challenging environments. It's the perfect symbol to commemorate our 35 years of dedication to trauma care.

REGISTRATION INFORMATION

EVENT CONFERENCE FEES INCLUDE

- Breakfast on Day 1 and Day 2
- Lunch on Day 1
- TEC Totally Trauma t-shirt (*early bird only)
- Entrance to Trauma After Dark
- Course Awards at minimum 14 contact hours

ONLINE REGISTRATION — www.tecba.org

EARLY BIRD REGISTRATION (until Sept. 15) — **\$450**

REGISTRATION FEE (after Sept. 15) — **\$475**

GROUP DISCOUNTS — Please contact TEC Webmaster (on website) for more information.

REFUND POLICY — If cancellation is made by Sept. 30, a full refund will be issued.

**Event Service Fee not included in pricing.*

ACCOMMODATIONS

**Hyatt Regency Monterey
Hotel and Spa**

1 Old Golf Course Road
Monterey, CA 93940

831-372-1234



Hotel Link

PROGRAM: TOTALLY TRAUMA

DAY 1

DAY 1: Monday, October 21, 2024

8:00a.m.	Welcome <i>Ginger Miramontes, MSN, RN, TEC President</i>
8:10a.m.	Advancements and Insights in Pre-Hospital Care <i>Brian Schmidt, MD, Trauma Surgery, Providence Santa Rosa Memorial Hospital</i>
8:55a.m.	Difficulties in Decision Making: The Polytraumatized Jehovah's Witness <i>Daniel C. Flinn, DO, Orthopaedic Traumatologist, Natividad Medical Center</i>
9:40 - 10:00a.m.	Break
10:00a.m.	Backs and Brains: A Neurosurgery Review <i>Kurtis Birch, MD, Neurosurgeon, Santa Rosa Memorial Hospital</i>
10:40a.m.	Penetrating Trauma: Responding to Changes in Trauma Volume and Mechanism <i>Adella Garland, MD, Trauma Medical Director, Santa Clara Valley Medical Center</i>
11:20a.m.	Transforming Loss into Legacy: The Power of Donation <i>Justin Johnson, VP & COO, Donor Network West Roxanne Cohen, Donor Family Member</i>
12:00p.m.	Lunch
1:00p.m.	Finding Stillness in the Storm: Self-Care for Trauma Providers <i>Daniel Winkle, MD, Physical Medicine & Rehabilitation, Alameda Health System</i>
1:45p.m.	Big Traumas in Little Kids <i>Mimi Lu, MD, Clinical Professor, Division of Pediatric Emergency Medicine, Department of Emergency Medicine, University of California San Francisco</i>
2:30p.m.	The Injured Older Adult <i>Neeta Milasincic, MD, Medical Director of Inpatient Services, John Muir Health</i>

PROGRAM: TOTALLY TRAUMA

DAY 1

3:15p.m.	Break
3:35p.m.	'Careful With That Drip, Folks:' Blunt Artery Injury and Anticoagulation <i>Chet Morrison, MD, Trauma Medical Director, Washington Hospital</i>
4:20p.m.	Un-HAPI Hour, Secondary Trauma in the Immobile Patient <i>Raquel Ramos, BSN, RN, PHN, CWON, Sutter Health-Eden Medical Center</i>
5:05p.m.	Closing <i>Ginger Miramontes, MSN, RN, TEC President</i>
5:15 - 7:00p.m.	Poster Presentations Location TBD



TRAUMA AFTER DARK

Monday, October 21, 2024

[Following Day 1 of the conference]

Trauma After Dark is a testament to the dedication and passion of those who came before us and is a reminder of how our close-knit community is able to support each other through challenges.

This celebration is not just about the past, but also about the future. We're dedicated to continuing our journey of resilience and excellence in trauma care, friendship, support, and improving the lives of those we serve.

Please join us Monday night after the conference, to connect with all of our trauma colleagues throughout the Bay Area.

Make a toast, enjoy cocktails and appetizers, enjoy the tunes of the DJ, and end the evening with a light round of karaoke!



PROGRAM : TOTALLY TRAUMA

DAY 2

DAY 2: Tuesday, October 22, 2024

8:00a.m.	Welcome <i>Ginger Miramontes, MSN, RN, TEC President</i>
8:10a.m.	Recap from AAST 2024 Annual Meeting <i>Michael Esparza, MD, John Muir Health</i>
8:55a.m.	The Emerging Safety Risks of Electric Bikes <i>Edward Alfrey, MD, Trauma Medical Director, MarinHealth Medical Center</i>
9:40a.m.	"You Don't Cure a Headache with a Guillotine". Rethinking a Trauma Systems Approach to Quality and Performance Improvement <i>Kris Gallegos, BSN, RN, TCRN, Trauma Program Manager, Stanford Healthcare</i>
10:00a.m.	Break
10:30a.m.	Topic TBD <i>Speaker TBD</i>
11:15a.m.	Pediatric Trauma Readiness: New EMSC Just in Time Resources <i>Aaron Jensen, MD, MEd, MS, FACS, FAAP, Trauma Medical Director, UCSF Benioff Children's Hospital Oakland</i>
12:00p.m.	Closing <i>Ginger Miramontes, MSN, RN, TEC President</i>



**THANK YOU
FOR ATTENDING
TOTALLY TRAUMA 2024!**

CONTINUING EDUCATION

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COURSE OBJECTIVES

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BLOOD DRIVE AT TOTALLY TRAUMA

Tuesday, October 22, 2024

9:00a.m. - 1:00p.m.

**TEC is hosting a blood drive
at Totally Trauma this year!**



**Schedule
your blood
donation here!**

**All that donate blood will be
entered to win half-off registration
for Totally Trauma 2025!**



ED Specific Meetings and Committees:

Staff meetings: 3rd Thursday 800 or 1700. Lead: Matt Talmadge

Practice Committee: 3rd Thursday 900-1000. Lead: Brian McNally

Violence in the Workplace: 3rd Tuesday 2-3. Lead Matt Talmadge

EDACT: 1st Thursday 1-2. Leads: Rachel or Carolina Chief Res

AFED: Starting Oct- 1st Monday 1-2. Lead: Rachel

ZSFG Learn Courses at DET

How classes are codes in payroll for ED employees

- ENPC- 19 hours paid j time
- TNCC- 19 hours ED leave pay
- ACLS/BLS Skills- 8 hours j pay
- PALS- 6.5 hours ED pay
- ACLS ep- 8 hours j pay

CELEBRATIONS/ANNOUNCEMENTS

CELEBRATIONS

Send me your celebrations Robert.gnat@sfdph.org that you would like included in the ED Updates and I will share them here.

[Staff Shoutouts](#)