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Formal Recommendations for Dietitian Services in City Funded Shelters & Navigation Centers Re: Standards of Care and HSH Requirements FY 23-24

The Department of Public Health (DPH) Shelter Health Team has obtained funding to contract registered dietitian services to ensure consistent, professional nutrition and food service technical support is provided to meet the Standards of Care (SOC) and nutrition, health and food safety guidelines for shelter residents.

The following shelters and navigation centers are included:

Episcopal Community Services: Sanctuary Shelter, Cova Non-Congregate Shelter **Five Keys**: Next Door Shelter, Bayshore & Embarcadero SAFE Navigation Centers,

Adante Non- Congregate Shelter, Ellis Semi Congregate Shelter **St. Vincent de Paul**: MSC-South Shelter and Division Circle Navigation Center

Central City: Hospitality House

Dolores St. Community Services: Dolores Street & Buena Vista Horace Mann Family Shelters

Larkin St. Youth Services: *Lark Inn*

Hamilton Families: Hamilton Family Emergency Shelter, Hamilton Family Residence

Catholic Charities: St. Joseph's Family Center Compass Family Services: Compass Family Shelter Community Forward SF: A Woman's Place Shelter The Salvation Army: Harbor House Family Shelter

Bayview Hunter's Point Foundation: Bayview SAFE Navigation Center

3rd **Street Youth**: *TAY Navigation Center*

Providence Foundation: Central Waterfront Na. Center, Providence Family Services Center (Oasis Hotel)

Five Keys: Baldwin SAFE Navigation Center

SF Community Health Center: *Taimon Booten Navigation Center (beginning 12/1/2023)*

Urban Alchemy: 711 Post Shelter Non-Congregate Shelter

WeHOPE: Monarch Non-Congregate Shelter **Felton Institute:** Bayview Drop-In Center

DPH formally recommends the following registered dietitian contract specifications for each fiscal year (July-June):

- Provide quarterly on-site visits to each shelter/navigation center to review operations and provide support and professional assistance to shelter staff regarding menus, staffing, equipment, purchasing, receiving/storage, preparation, meal service, sanitation and training needs.
- Review all menus to ensure compliance to Adult and Family Shelter Menu Pattern established by SF Shelter Nutrition Project.
- Review all menus for vegetarian and religious/diet accommodations per SOC guidelines.
 - Provide technical support as needed.
- Provide RD investigation and response to SOC complaints related to #9, 10, and 31.
- Plan and/or provide annual Standards of Care "Proper Food Handling and Storage" training.
- Complete annual RD food service evaluations as 4th quarter on-site visit for each shelter, navigation center and central kitchen.
- Provide professional support to Shelter Monitoring Committee, DPH, Department of Homeless and Supportive Housing (HSH) regarding nutrition and food safety standards for the homeless population.