

**THE BEHAVIORAL HEALTH COMMISSION (BHC)
OF SAN FRANCISCO**

Annual Report: July 1, 2022–June 30, 2023



Prepared for

**The Mayor and Board of Supervisors of the
City and County of San Francisco**

Submitted: xx

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I. EXECUTIVE SUMMARY

The Behavioral Health Commission (BHC) of San Francisco submits this Annual Report for the fiscal year ending June 2022 in accordance with the California Welfare and Institutions Code, Section 5604.2. The Commission met 11 times during this period with robust attendance on the part of the membership. Commission meetings consisted of salient topic presentations, discussions, and public participation.

The themes for FY 2022-23 included supportive housing, the grievance process, BHC recruitment and training of new commission members and staff. We hosted eight educational presentations that included speakers from the Office of Homeless and Supportive Housing, the California Local Behavioral Health Boards/Commissions, Behavioral Health Services (BHS), and various mental health service providers. A detailed list is included in Section V, *BHC Accomplishments*.

In addition, the commission submitted reports from three program reviews/site visits. The site visits were conducted virtually and required additional planning and coordination due to COVID-19 mandates. In spite of this drawback, we learned a great deal about the organizations, their staffs and clients, and the services they provided. We are looking forward to returning to face-to-face visits in the future.

in preparing the annual CA Behavioral Health Planning Council Data Notebook, the BHC staff met with the BHS to review performance outcome data for the City and County of San Francisco and to report on the county's delivery of behavioral health services. The electronic report was submitted to the Planning Council and the BHS director.

The behavioral health needs in the county continued to increase despite innovative programs (e.g., transgender support, vocational training). The BHC recommended the establishment of culturally affirming and evidence-based practices for all services; strengthening the integration of substance use and mental health treatment to ensure that both disorders are treated effectively; and increasing the number of therapists, psychologists and psychiatrists working in the departments of Public Health and Behavioral Health Services.

Too many of our citizens in San Francisco continue to face enormous challenges in trying to address issues related to mental health wellness and substance use and their intersections with homelessness. With the additional challenges of coping with COVID-19 safety measures, the commission did not reach all its goals, such as in implementing the five program reviews or resolutions that we had planned for the year. However, in FY 2022-23, as we continue to advocate on behalf of adults and families in San Francisco experiencing severe mental illness, we expect to identify and execute five program reviews and resolutions.

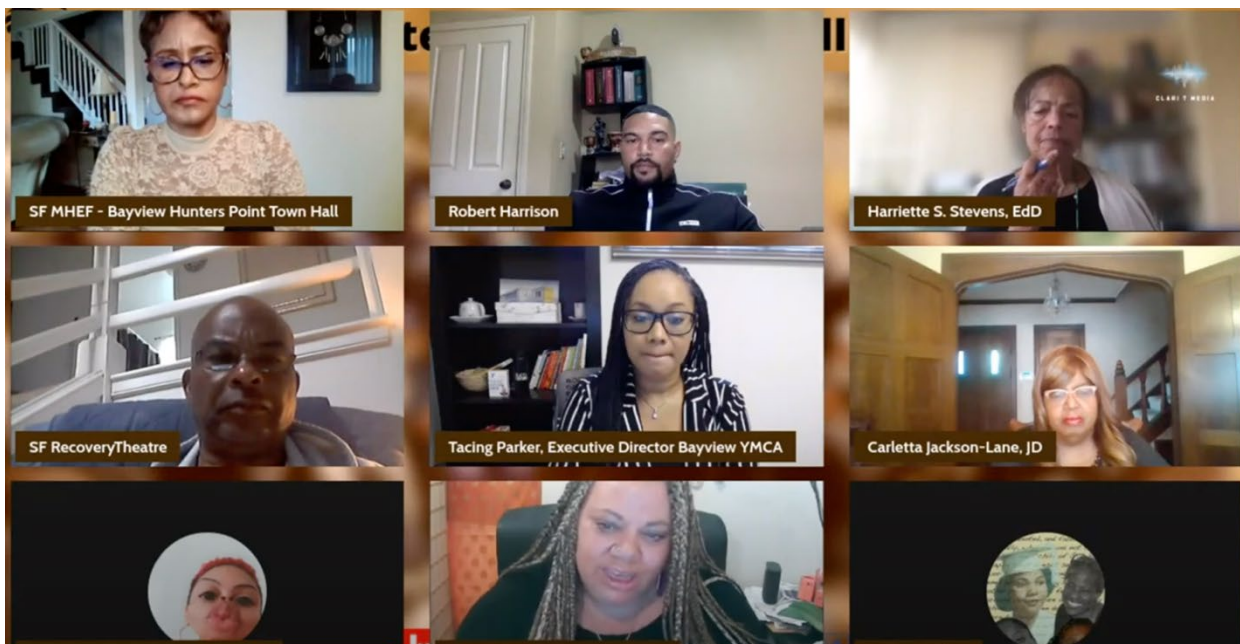
We will draw on the following community priority issues as our focus for the program reviews and resolutions and discuss them in more detail at the annual BHC retreat. These issues include:

- Mental health challenges and substance use in all educational settings.
- Continuation of transgender training and support.
- Access to same day services for prescription medications.
- Treatment on demand.
- Better access for elderly and isolated seniors, and those with disabilities struggling with mental health challenges in San Francisco.
- Encouraging BHS and HSH (Homelessness and Supportive Housing) to have more open interactions with the various communities around the services they provide to the citizens of San Francisco.
- The new (SF.GOV) website that replaces the current site and more guidance on how to use the new website. This will help BHS to better inform the public on significant new BHS services such as the Street Crisis Response Team (SCRT).

Acknowledgements

We want to express our sincere gratitude to all the members of the BHC Ad Hoc Annual Rules and Reports Committee and the SF Mental Health Education Funds Board who worked diligently ~~over the summer months~~ to help develop this annual report. The committee members included Commissioners Lisa Wynn, Carletta Jackson-Lane, Kescha Mason, Alex Humphrey; and Harriette S. Stevens, chair and president of SF MHEF; BHC Clerk Amber Gray, and ~~BHS/MHSA staff Geoffrey Grier~~ the public.

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II. INTRODUCTION

The BHC of San Francisco, formerly named the Mental Health Board, was established in 1983 as mandated by the Bronzan-McCorquodale Act within the Welfare and Institutions Code, Section 5604.2. The BHC is responsible for the following:

- Review and evaluate the community’s Behavioral Health needs, services, facilities, and special problems.
- Review County agreements entered into pursuant to Section 5650.
- Advise the Board of Supervisors and the Director of Behavioral Health Services (BHS) as to any aspect of the local Behavioral Health care system.
- Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
- Submit an Annual Report to the Mayor and Supervisors on the needs and performance of the Behavioral Health system.
- Review and make recommendations on applicants for the appointment of the director of Behavioral Health services prior to the vote of the governing body. The Commission shall be included in the selection process prior to the vote of the governing body.
- Review and comment of the County’s/City’s performance outcome data and communicate its findings to the California Behavioral Health Planning Council.
- Assess the impact of the realignment of services from the State to the County on services delivered to clients and on the local community.

The Mission of BHC

The Behavioral Health Commission of San Francisco represents and ensures the inclusion of the diverse voices of local consumers, citizens, and stakeholders in advising how behavioral health services are administered and provided.

Through its State and County mandates, the Behavioral Health Commission advises, reviews, advocates, and educates; with the aim of having that advice integrated, incorporated, and reflected in the implementation of Behavioral Health policy; with the ultimate goal of ensuring quality behavioral health services.

Adopted October 12, 1994

III. SAN FRANCISCO BHC COMMISSION MEMBERS AND STAFF

FYE June 2022	FYE JUNE 2023
Seat 1, Bahlam Javier Vigil, MA	Seat 1, Bahlam Javier Vigil, MA
Seat 2, Genesis Vasconez	Seat 2, Genesis Vasconez
Seat 3, Carletta Jackson-Lane, JD*	Seat 3, Carletta Jackson-Lane, JD
Seat 4, Terezie Bohrer, RN, MSW, CLNC	Seat 4,
Seat 5, Judith Klain, MPH	Seat 5,
Seat 6, Kescha S. Mason, M.Div., MCL	Seat 6, Kescha S. Mason, M.Div., MCL
Seat 7, Ashel Sempel*** /Vacant	Seat 7,
Seat 8, Stephen Banuelos, LCSW Retired	Seat 8, Stephen Banuelos, LCSW Retired
Seat 9, Vacant	Seat 9,
Seat 10, Harriette S. Stevens, Ed.D.*	Seat 10, Harriette S. Stevens, Ed.D.
Seat 11, Lisa Williams	Seat 11, Lisa Williams
Seat 12, Toni Parks*	Seat 12, Toni Parks
Seat 13, Lisa Wynn	Seat 13, Lisa Wynn
Seat 14, Liza M. Murawski	Seat 14, Liza M. Murawski
Seat 15, vacant	Seat 15, vacant
Seat 16, vacant	Seat 16, vacant
Seat 17, vacant	Seat 17, vacant

* Starting February 1, 2020, termed-out Commissioners may attend BHC meetings and vote until a new Commissioner appointed by a district supervisor or the Rules Committee
 ** Commissioners waiting for reappointment
 *** Commissioners resigned after July 2021
 **** Commissioners resigned after December 2021
 + Supervisor Ahsha Safai never attended meetings

Staff

Amber Gray, BHC Clerk, 3/1/ 2022–present

~~Geoffrey Grier, Executive Director, 2/1/2021–5/31/2022~~

IV. LETTER FROM THE CO-CHAIRS (UPDATE)

~~FY 2021–2022 was an important year for the San Francisco BHC in several ways. There were several significant challenges as well as initiatives during the year. Probably the most significant was the continuation of Covid-19. Though there was a new vaccine delivered in 2021, the hope that came with it was short lived due to the emergence of new strains and infection surges. Consequently, the City of San Francisco only recently reached a mandate for staff to be in their offices 3 days per week. When the City returns to five day a week office attendance is unknown. The pandemic also resulted in fewer Site Visits than the BHC would have preferred. The commission plans to schedule substantially more visits in FY 2022–2023.~~

This year also saw a short transition from an interim Director of Behavioral Health Services (BHS), Marlo Simmons, to a permanent Director, Dr. Hillary Kunins. Also notable were the monthly reports from the Director of BHS about the state of the department and its services, including several new initiatives and services that have started. The director also helped to arrange several presentations for the BHC that commissioners requested, the most significant being a presentation of the BHS “Grievance Process” which generated many questions and has placed the BHC & BHS on a path for finding better alternatives to dealing with a grievance.

This year also saw the Mayor’s Declaration of Emergency for the Tenderloin. Though it only lasted a few months, it facilitated the hiring of about 200 BHS staffers that were desperately needed. There was also a sizable funding increase due to Prop C/ Our City Our Home (OCOH) and Mental Health SF (MHSF) of more than a hundred million dollars. The commissioners have tried to stay abreast of the changes these funds are bringing.

Though it took many, many months the BHC finally developed and passed new Commission Bylaws in May 2022. Part of the problem was the number of vacancies on the 17-member commission. Several members served beyond their official appointment schedules, some served their time commitments and then resigned but many seats were, and continue to be, vacant. It was frequently impossible for the commissioners to vote on matters, and this resulted in many “discussion only” commission and committee meetings. At this time, 5 of the 17 commission seats remain vacant, including the seat reserved for the SF Board of Supervisors (BOS). It’s been over a year since a BOS member has attended a BHC meeting.

In FY 2022-2023, the commission will continue to focus on several issues begun in prior years, such as how to better deal with “grievances,” making citizens more aware of the innovative services offered by BHS such as SCRT (Street Crisis Response Team), and the importance of BHS and HSH departments needing to have more open interactions with the public. The many BHS clients whose behavioral health is affected by numerous reported and documented housing problems need culturally responsive resources and supportive services.

The commission's work, like the BHS department's, is more like a process of recovery and not a race. Improvement in the behavioral health of the citizens of San Francisco is incremental but should always be moving forward. With more funding and staffing and training, these improvements can be better met in 2023.

Co-chairs: Stevens Banuelos & Bahlam Javier Vigil

V. BHC ACCOMPLISHMENTS: JULY 1 2022–JUNE 30, 2023

• RESOLUTIONS AND COMMENDATIONS

- ~~MHB 02-2019~~: Resolved the Behavioral Health Services recommends expanding the service model utilized by the Booker T. Washington Community Health Center in providing culturally relevant programs and a holistic approach to meet the needs of other communities that serve San Francisco's vulnerable citizens suffering in the same way. (In progress, resolution to be submitted in March 2024 **(SEE COMMENDATION BELOW)**)
- BHC -date-in minutes- Grievance resolution, Grievance Resolution-- A draft resolution is pending the commissioners' review. BHC Minutes xx, 2024
- Shakira Commendation

• PROGRAM REVIEWS)

- **Conard House**, October 19, 2022. The BHC site team raised several concerns and suggested that the Conard staff should make a follow-up presentation to the BHC commissioners
- **Eldorado Hotel (9th Street) --Conard--SRO Supportive Housing**, February 26, 2024. The BHC site team recommended that the Eldorado staff make a follow-up presentation to explain why only 37 out of 57 beds were occupied and to identify what support is needed to assure that the residents of San Francisco are getting the housing services they need.
- **Jordan Apartments -- Conard Supportive Services**, February 29, 2024.

• EDUCATIONAL PRESENTATIONS AT COMMISSION MEETINGS

- **SWT (Stephanie White-Tillman) Consultants**: A brief presentation provided on the need to have a culturally competent youth assessment and the lack of an assessment relates to being a public health issue, January 18, 2023
- **Conard House**: Discussion focused on the Conard House behavioral health placement process, outpatient services, and supportive housing resources, Louise Foo, Ph.D., Director of Clinical Services and Anne Quaintance, CEO/Executive Director, January 18, 2023

Booker T. Washington Community Service Center: Commissioner Wynn presented the behavioral health programs and services offered at the Booker T. Washington Community Service Center. The center provides culturally relevant services and uses a holistic approach to address the needs of the community members they serve, April 23, 2023.

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UPDATE NEEDED:

- **California Association of Local Behavioral Health and Boards/Commissions (CALBHB/C):** Work in support of CA's Local and Statewide Advisory Boards, Dr. Harriette Stevens, former President, CALBHB/C, December 4, 2022
- **Understanding the Grievance Process, Procedures, Legal Mandates:** ~~Dr. Melissa Bloom, BHS, April 20, 2022~~
- **Tipping Point:** makes a significant effort in fighting poverty, by providing grants, various services, serving six counties in the Bay Area, Nick Arevalo Capacity Building Director, June 15, 2022

Note: All agendas and minutes can be found at www.sfgov.org/mental_health, or <https://sfbos.org/behavioral-health-commission> (CHECK)

COMMISSIONERS' ACTIVITIES—UPDATE:

In addition to the Executive Committee, the BHC's Standing Committees are included below, along with a brief description of the activities that commissioners conducted on behalf of the BHC for fiscal year July 1, 2021 to June 30, 2022.

1. Implementation Committee: Chair: Carletta Jackson-Lane, JD, followed by Steven Banuelos, focused on the need for housing to be a major part of policy conversation and the housing needs of the homeless population
2. Site Visit Committee: Chair: Richelle L. Slota, followed by Balham Vigil, worked to help assure the evaluation of the community's behavioral health needs, services, facilities, and special problems and that mandated program reviews were implemented.
3. Commissioners' contributions to the mission of the BHC are as follows:
 - Monthly meetings with BHS Director Dr. Hillary Kunins
 - Attended public community meetings as a representative of the Commission
 - ~~Attended statewide trainings for mental and behavioral health board and commissioner members, sponsored by CALBHB/C (BHC commissioners & staff)~~
 - Membership on the CALBHB/C Association and Governing Board, Commissioner Stevens
 - Attendance at statewide board and commissioner trainings provided by CALBHB/C: Commissioners Wynn, Murasaki, Stevens, and Clerk Gray

- ALERT (Auxiliary Law Emergency Response Team) and Neighborhood Emergency Response Team, followed the Mental Health (SF) Implementation Workgroup protocols (Ms. Liza Murawski is an ALERT team member)

● **BHC STAFF ACTIVITIES--UPDATE**

Clerk Amber Gray’s contributions to the mission of the BHC included participation in the following statewide meetings and trainings:

- **“Mental / Behavioral Health Board / Commission and Staff” Training** with a focus on the duties and responsibilities of local mental/behavioral health boards and commissions, May 13, 2022
- **CALBHB/C Teleconference (Zoom) on “Cultural Requirements: Eliminating Cultural, Ethnic & Racial Disparities,”** including ways to address these disparities across the mental health system and provide effective, accessible, and equitable programs and services, June 10, 2022
- **CA Association of Local Behavioral Health Boards/Commissions,** quarterly sessions

VI. **BEHAVIORAL HEALTH SERVICES HIGHLIGHTS--UPDATE**

Annual Update on the MHSA 3-Year Draft Report and Budget, Tracy Helton, MPA, MHSA Program Manager/Acting Deputy Director, JEDI, July 20, 2022. The presenter answered all the questions that the commissioners and the public submitted prior to the meeting.

VII. **BEHAVIORAL HEALTH NEEDS AND RECOMMENDATIONS – HIGHLIGHTS--UPDATE**

The BHC Commissioners identified the following needs and recommended:

- Advocate for **behavioral health services and supportive housing** for people who are homeless.
- Make the **grievance process** more transparent and user friendly.
- Promote the implementation of a **Comprehensive Continuum of Care system** within BHS, in which care evolves with the patient over time. A comprehensive array of services can offer optimal support during gaps in care when the patient’s health may be most vulnerable.??
- Establish **culturally affirming and evidence-based practices** for all services. The BHC works to assure that DPH-funded behavioral health providers are providing effective, equitable, and high-quality care and services that are responsive to clients with diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.
- Continue to provide **training opportunities** for new BHC commissioners so they are more effective. Regular ethics training is required per GOV 53234 - 53235.2. According to CALBHB/C, new and veteran commissioners will gain a better understanding of the duties

of California's mental/behavioral health boards/commissions through in-person and online training offered (<https://www.calbhbc.org/training.html>).

- Strengthen the **integration of substance use and mental health treatment** to ensure both conditions are treated effectively. For instance, the Collaborative Care Model has emerged as a major evidence-based approach in integrating physical and behavioral health services. The primary care physician, behavioral health care manager and psychiatrist work as a team to provide care and monitor patient progress (California Health Care Foundation, <https://www.chcf.org/>). ??
- Increase the number of **therapists, psychologists and psychiatrists** in BHS to decrease wait time, increase ability to serve all in need, and offer enhanced therapeutic services, including co-occurring disorder and trauma-informed services that are culturally affirming, and transitional aged youth (TAY) appropriate services.??
- Provide staff wellness and supportive services for the individual behavioral health service personnel.

VIII. SAMPLE BHC RESOLUTION (REPLACE WITH BTW with seal)