

HIV/STI UPDATE





Health Commission, Dec 5, 2023
Sharon Pipkin
Trang Nguyen
Nyisha Underwood
Stephanie Cohen



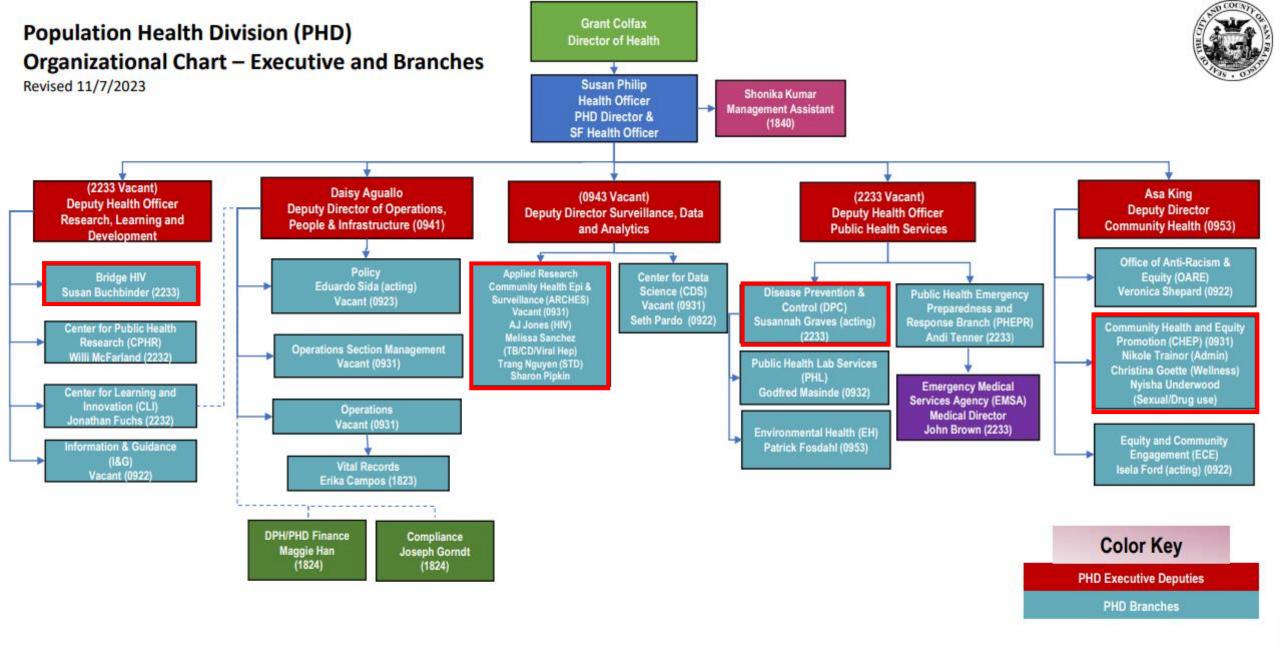
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

Addressing disparities through an integrated, syndemic, patient-centered approach

 HIV and STI epidemiology updates from ARCHES (Applied Research, Community Health, Epidemiology & Surveillance)

 Programmatic work led by Getting to Zero SF and the Community Health Equity and Promotion (CHEP) and Disease Prevention and Control (DPC) Branches that, guided by data, aims to address disparities and achieve our Ending the Epidemic goals for SF





Current HIV Trends and Epidemiology

Sharon Pipkin, MPH

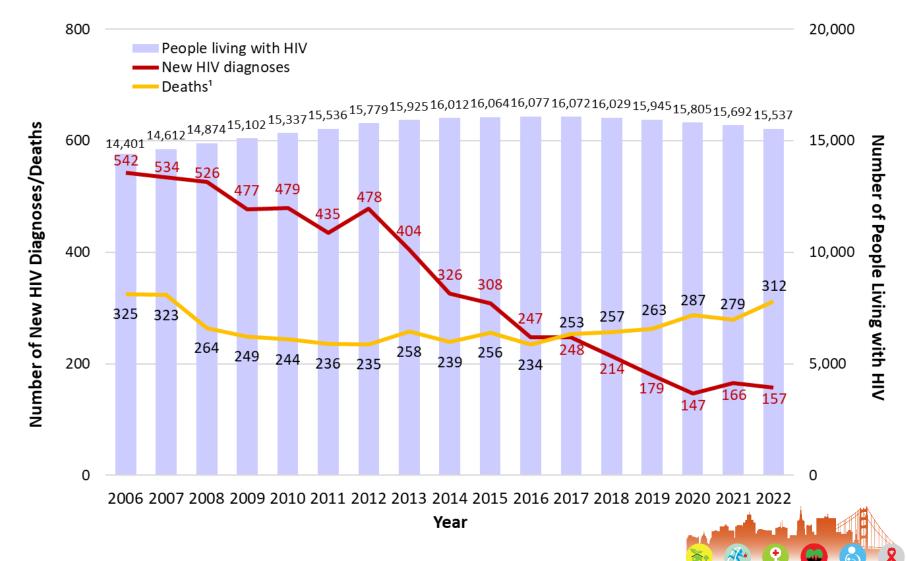
Epidemiologist

HIV Epidemiology Section

ARCHES Branch

Population Health Division, San Francisco Department of Public Health

HIV diagnoses, deaths, and prevalence, 2006-2022, San Francisco

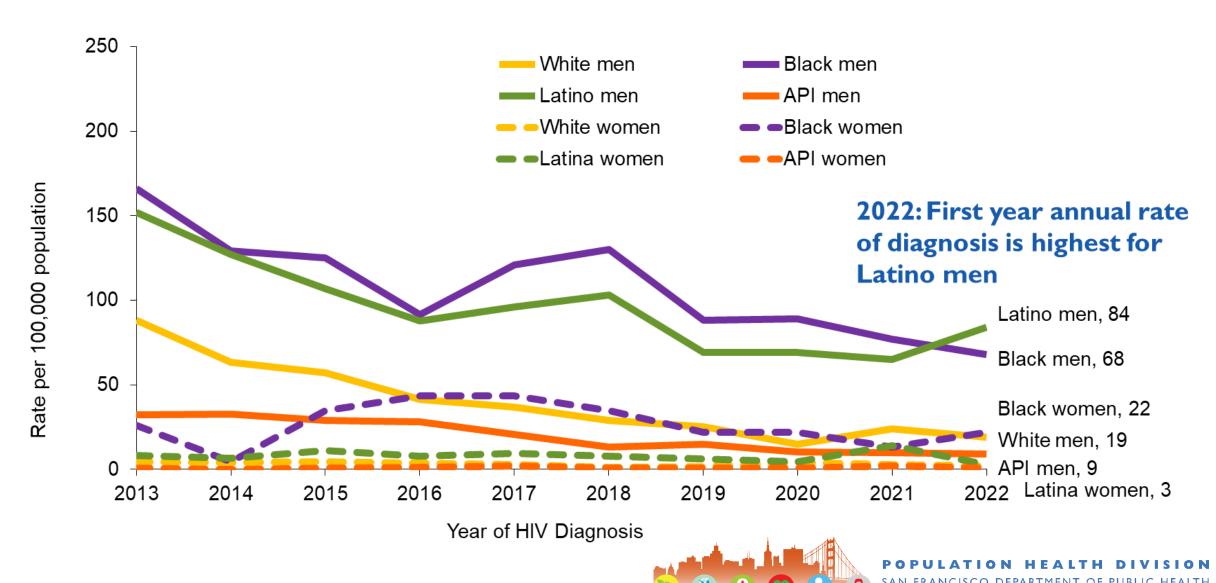


- Decline in new infections stalled
 - Declined 28% from 2017 to 2019 and 12% from 2019 to 2022
- 15,537 PLWH were SF residents at diagnosis:
 - 73% ≥ 50 years;41% ≥ 60 years
- Deaths gradually increased since 2016
 - HIV-related causes continued to decline
 - Deaths from overdoses increased from 10% in 2010-2013 to 18% in 2018-2021

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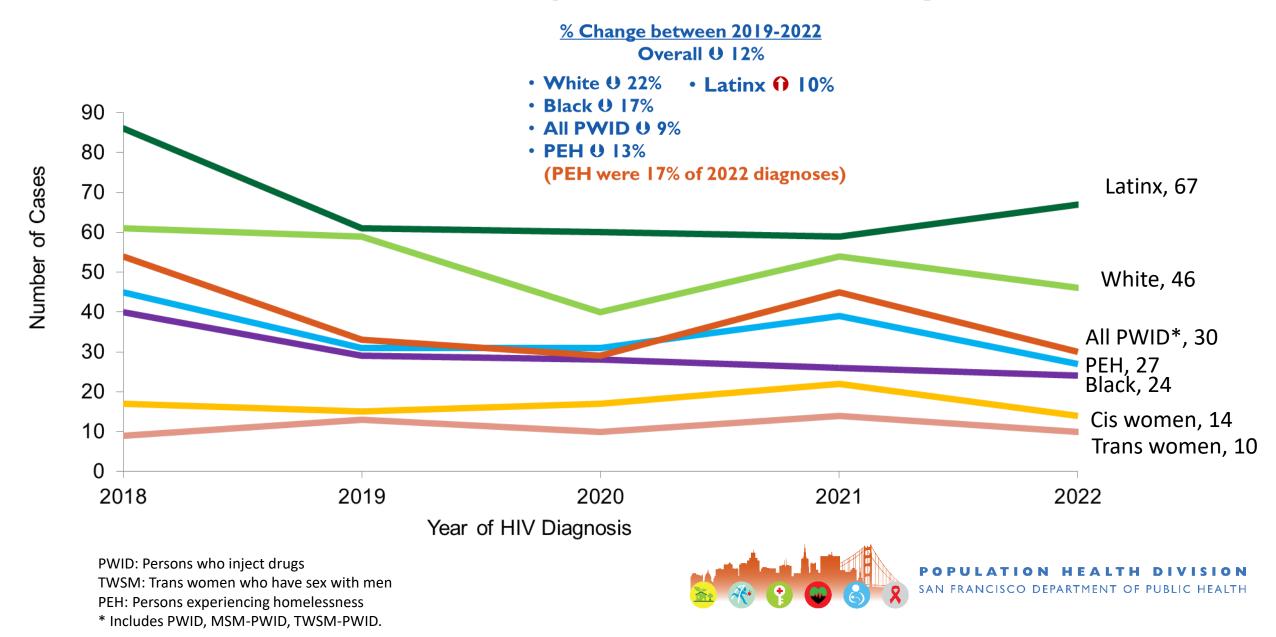
¹Death reporting for 2022 is not complete.

Annual Rates of HIV Diagnosis by Gender and Race/Ethnicity

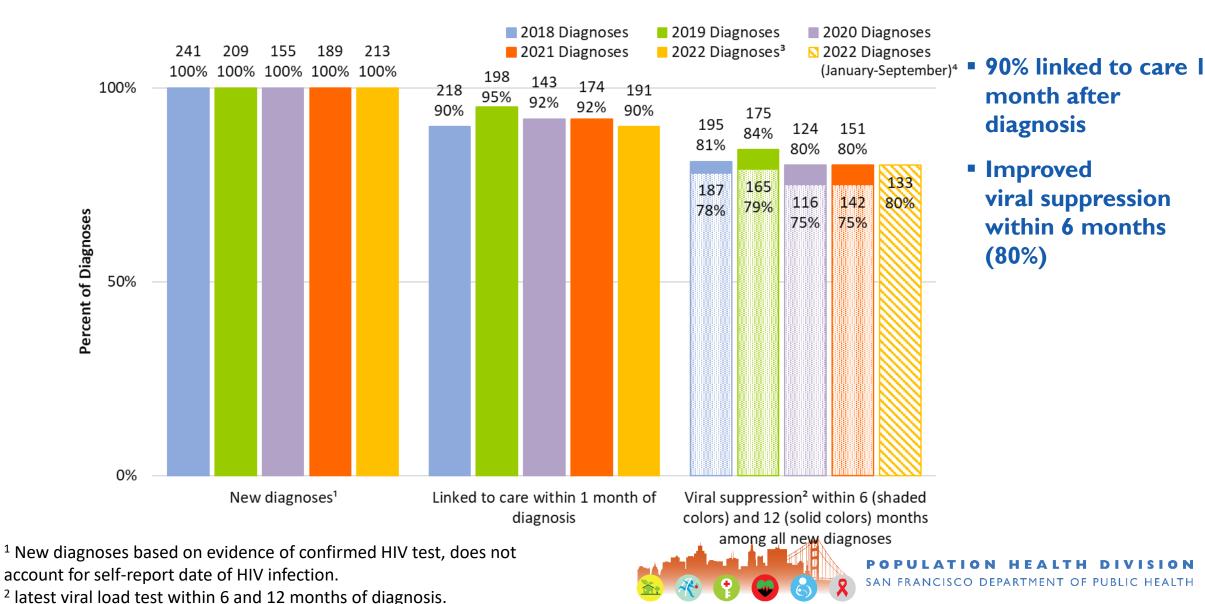


Rates for some racial/ethnic, gender groups are too small and may be unstable to be released separately. Population denominators not available for trans women and trans men.

Trends in New Diagnoses in Select Populations

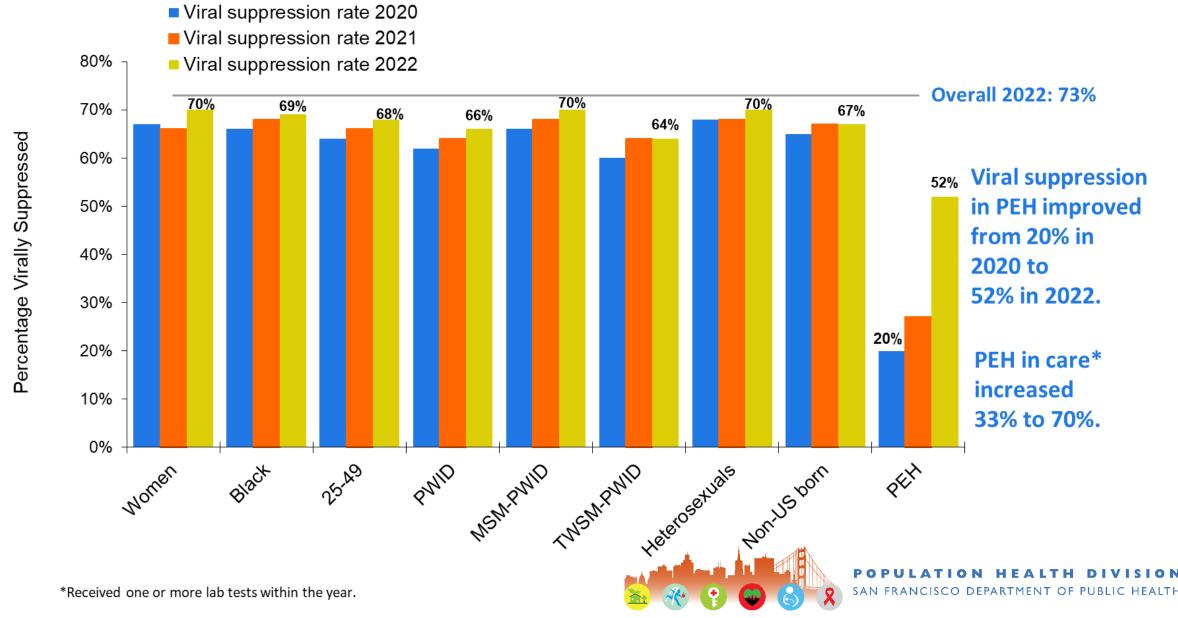


HIV Care Continuum, New Diagnoses, 2018-2022



⁴ Diagnosed Jan – Sep 2022 (N= 167)

Disparities in Viral Suppression among PLWH



HIV Epidemiology Summary

• Rate of decline in new HIV diagnoses has stalled, infections are plateauing

 High level of rapid linkage to care and viral suppression but disparities remain

- Concerning trends in HIV:
 - Increase in diagnoses among Latinx people, particularly MSM
 - Lack of decline in annual diagnoses in transwomen
 - High proportion of new diagnoses in PEH
 - Increase in accidental drug overdose deaths



Current STI Trends and Epidemiology

Trang Nguyen, PhD, MPH

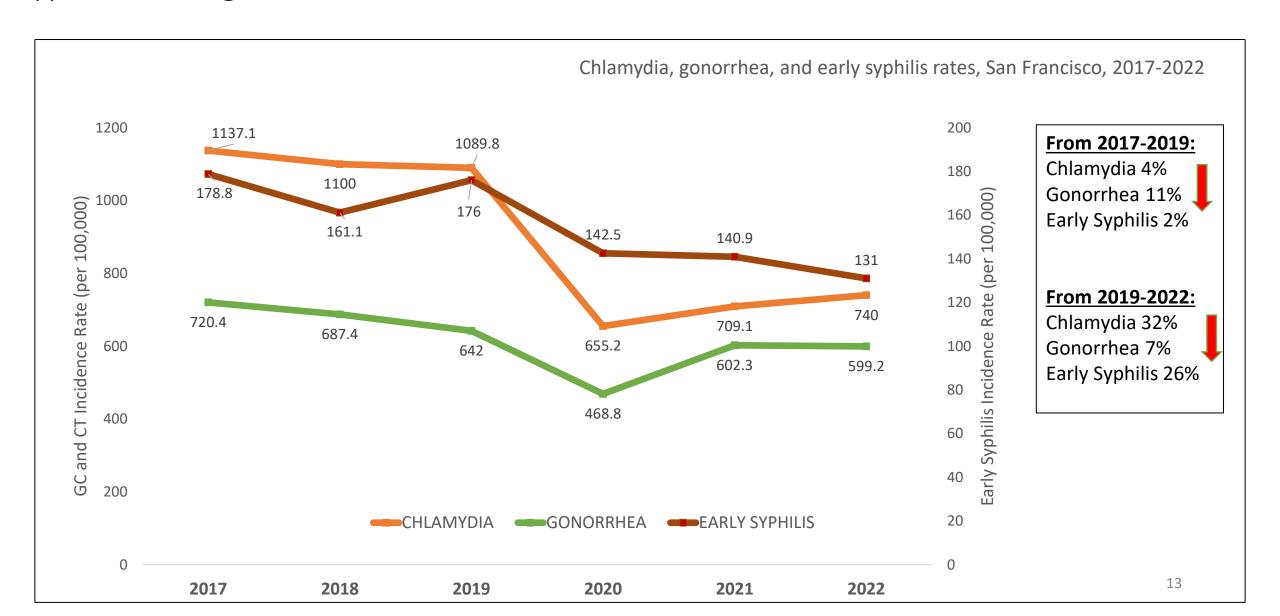
Manager and Epidemiologist

STI Epidemiology, Surveillance, and Program Evaluation Section

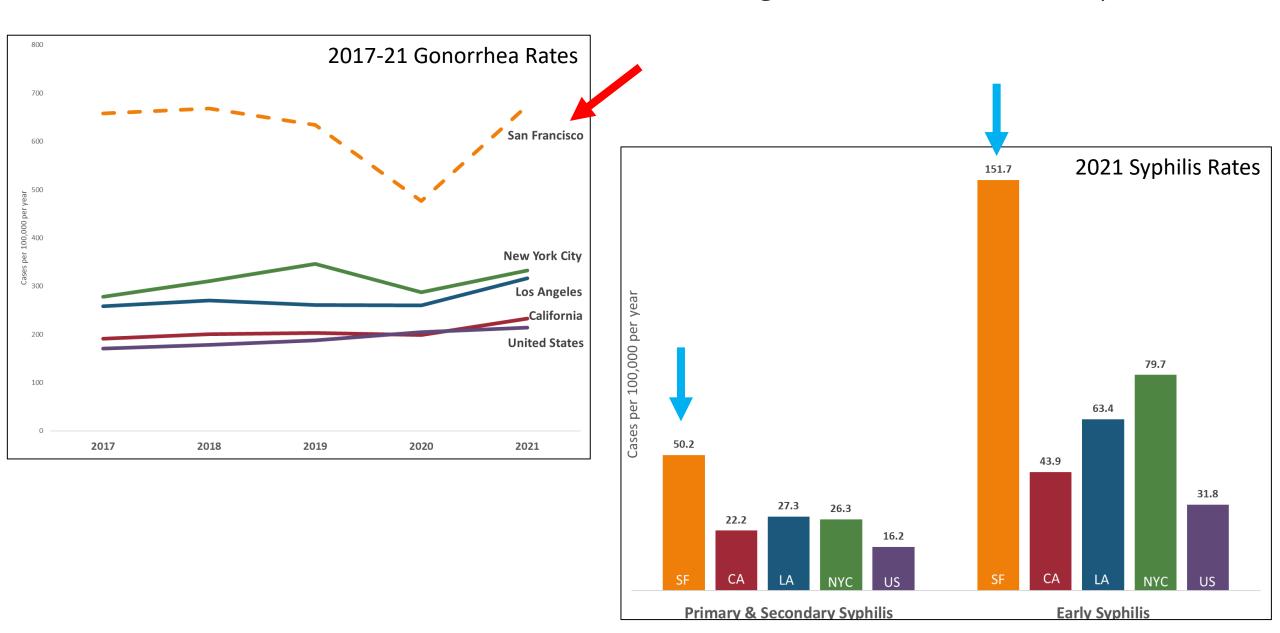
ARCHES Branch

Population Health Division, San Francisco Department of Public Health

Decreased annual incidence rates for chlamydia, gonorrhea, and early syphilis among San Francisco residents from 2017 to 2022.

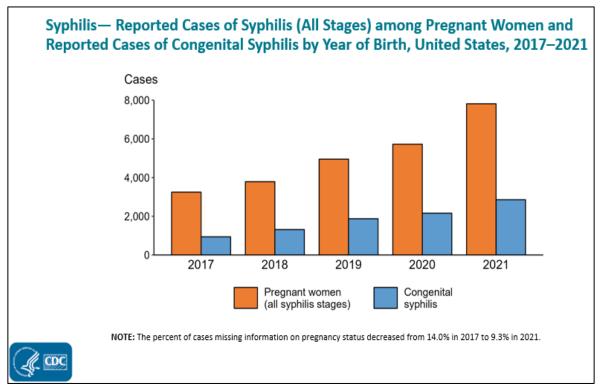


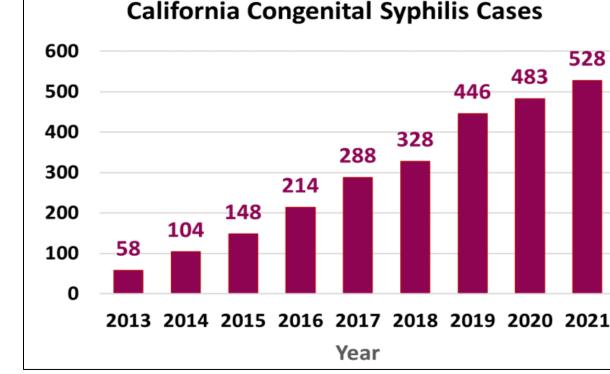
SF has higher chlamydia, gonorrhea, and syphilis rates compared to all of California and the United States, as well as Los Angeles and New York City.



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Syphilis among females* Congenital syphilis





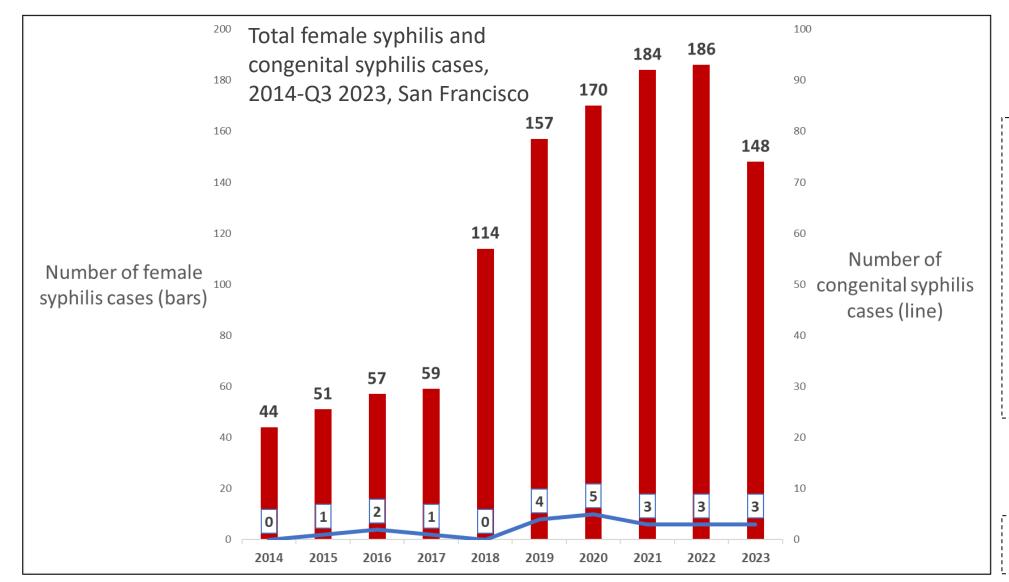
Nationally (2017-2021):

- 141% increase in number of women reported with syphilis (all stages)
- 203% increase in number of congenital syphilis cases

California (2013-2021):

810% increase in congenital syphilis cases

Increases in SF of female syphilis and congenital syphilis since 2014, with plateau for both female syphilis and congenital syphilis since 2021*



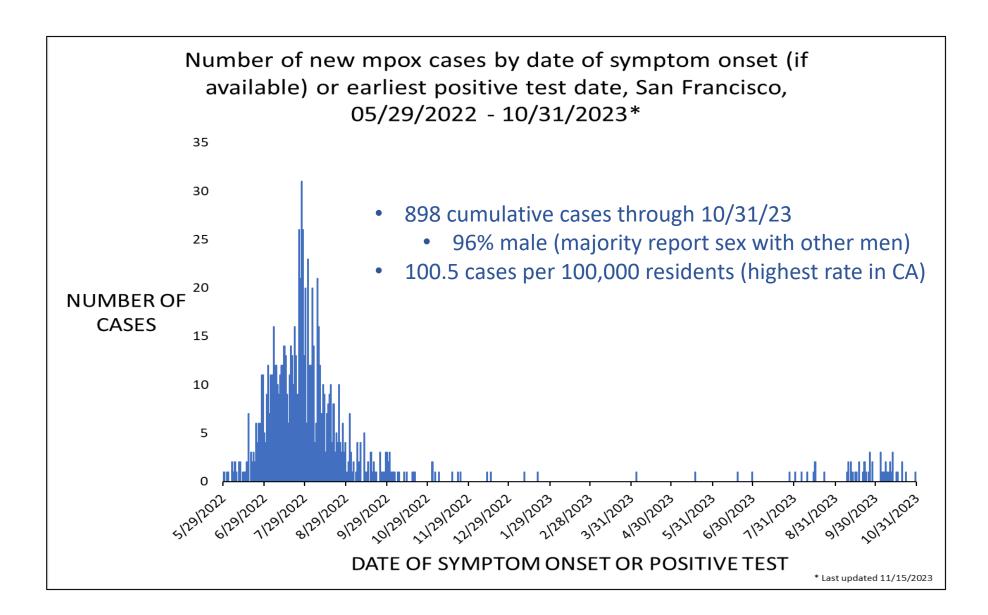
In 2022, of 186 female syphilis cases:

- 18 pregnant
 - 6 of whom were PEH,
 - 4 reported meth use,
 - 1 reported heroin use

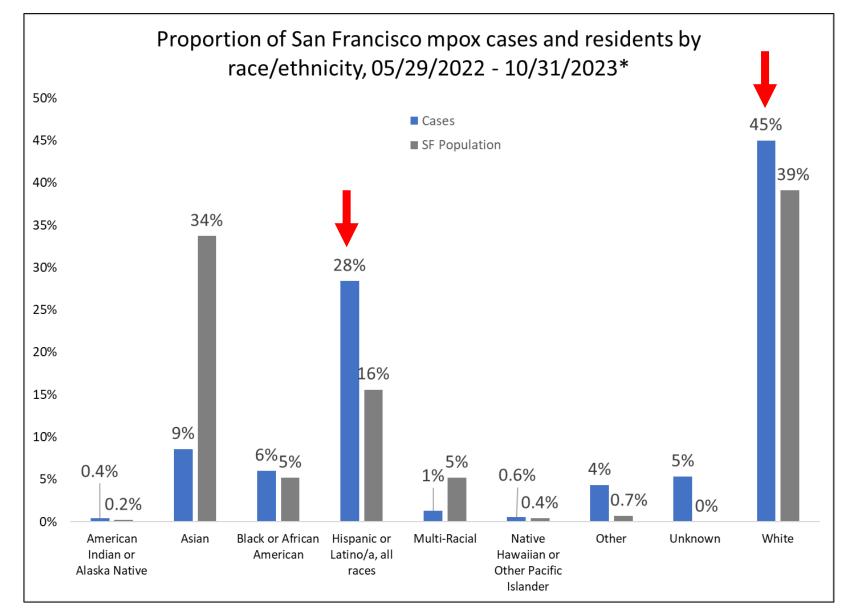
^{*} Female syphilis cases in SF include people whose sex at birth is female, or whose gender identity is female or trans male.

MPOX

Uptick of 50 mpox cases reported between July 1 and October 31, 2023, not as big a surge as in 2022



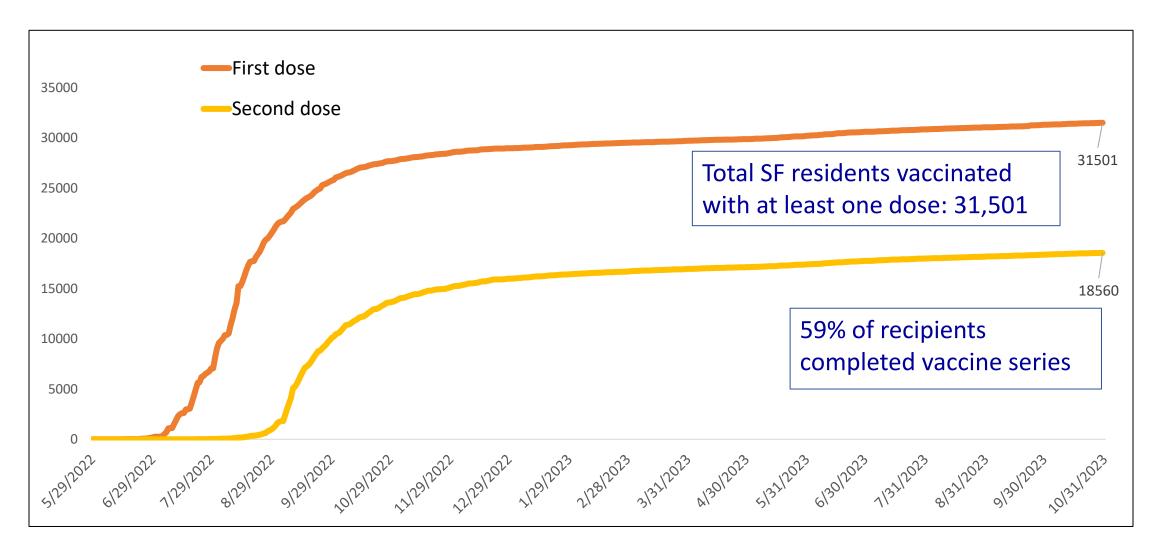
By race/ethnicity, mpox cases have disproportionately been reported among Hispanic/Latino and White San Francisco residents.



^{*} Last updated 11/15/2023

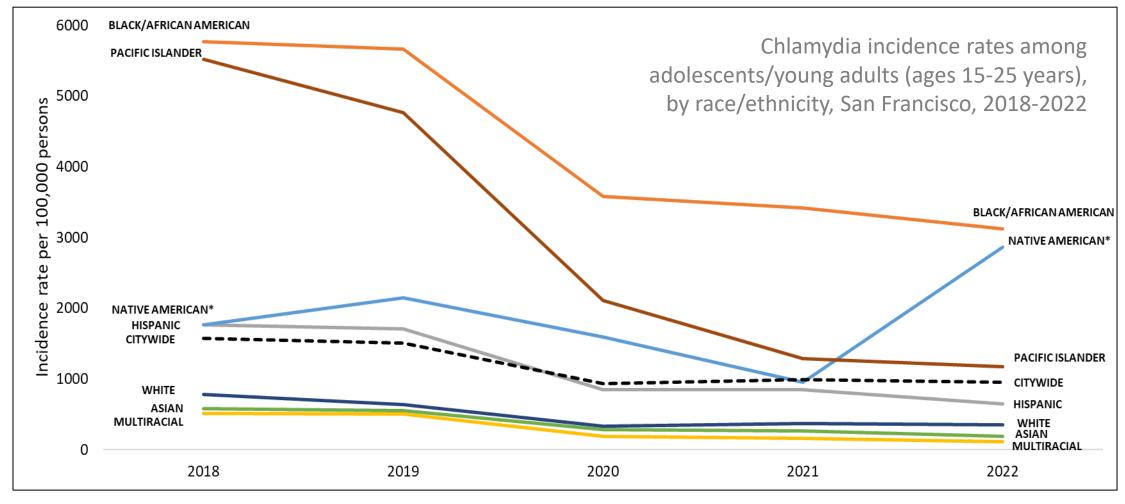
Vaccinated cases since July 1, 2023 have experienced less severe symptoms and have been less likely to go to emergency room or be hospitalized.

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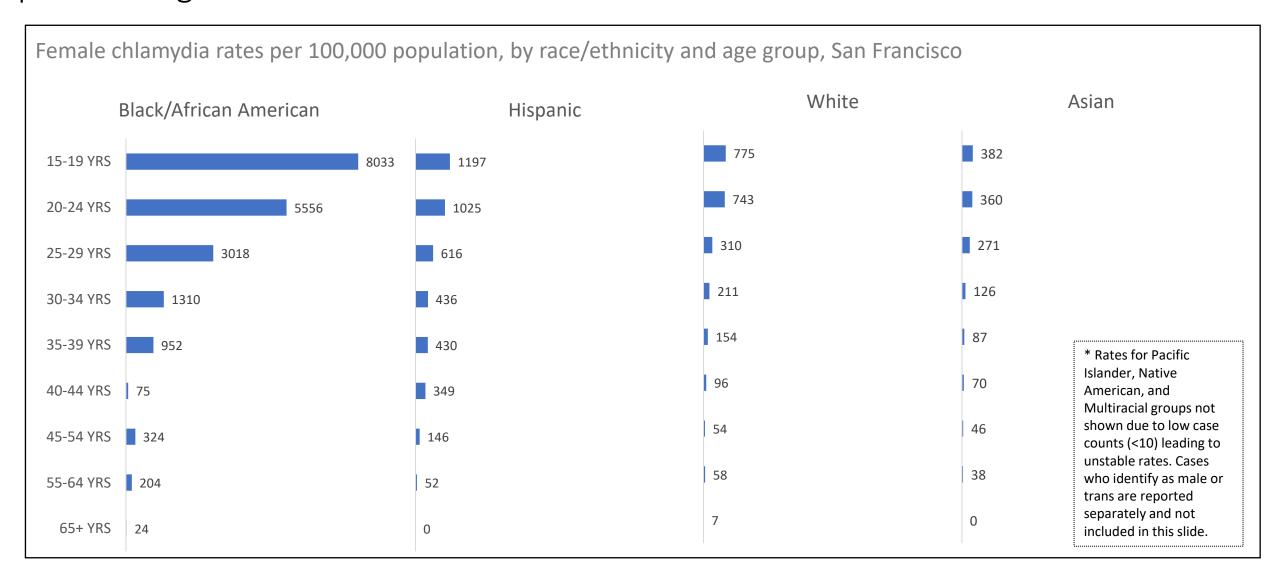


STIs among Adolescents and Young Adults

Chlamydia rates among adolescents/young adults have generally declined but disparities persist; Black/African-American, Pacific Islander, and Hispanic youth experience higher rates relative to other groups.

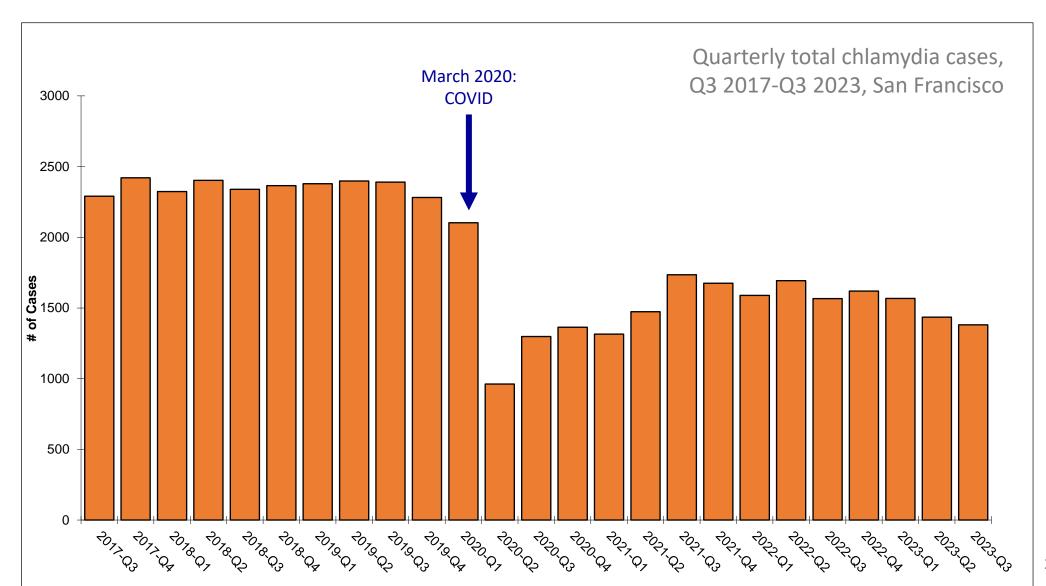


2022 chlamydia rates show disproportionate impact on Black and Hispanic females among adolescents/young adults. The same disparities persist for gonorrhea.*

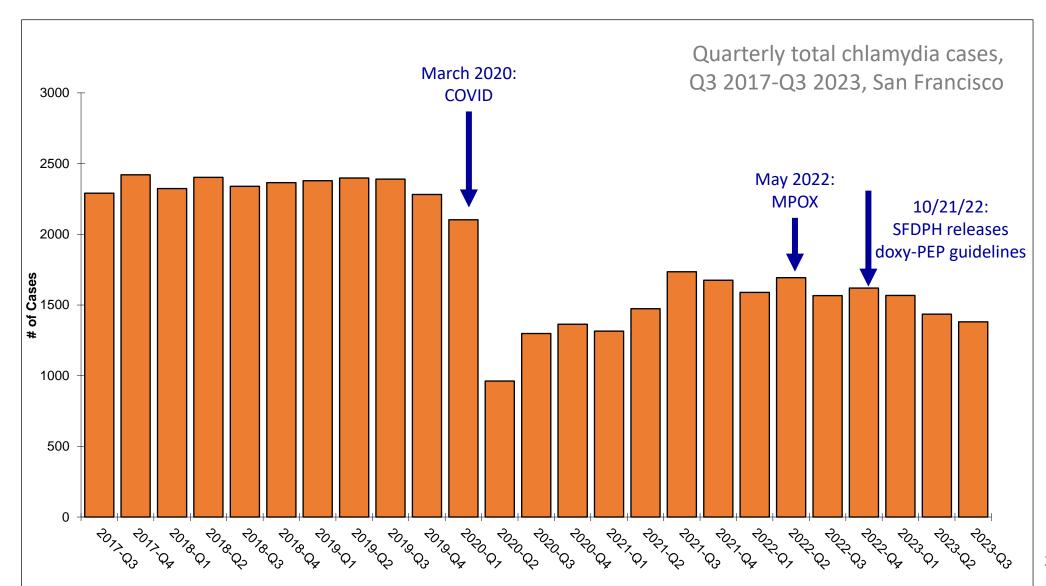


Monitoring changing trends in chlamydia, gonorrhea, and syphilis cases

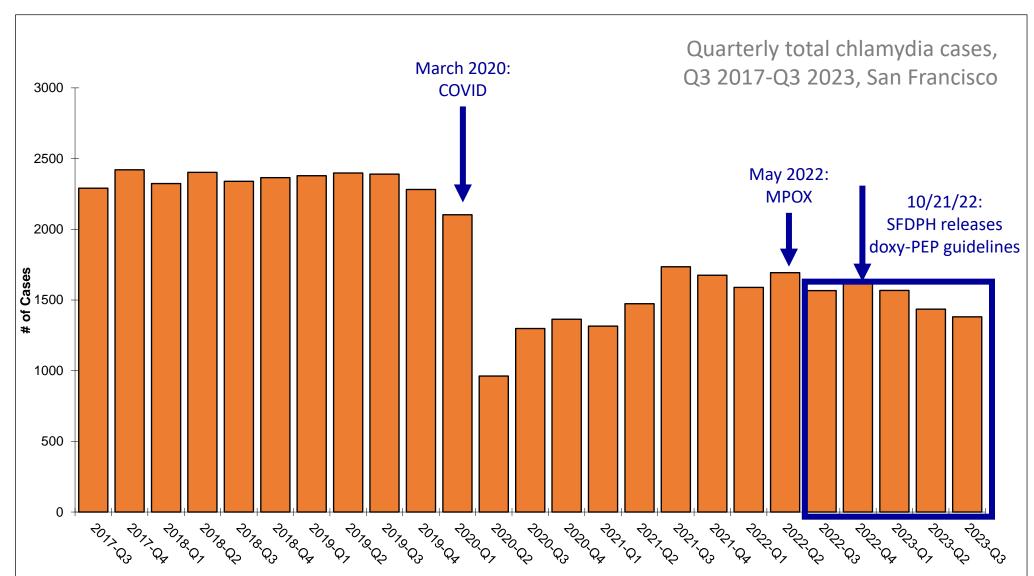
<u>Citywide</u> chlamydia cases declined with the introduction COVID and then began to increase quarterly.



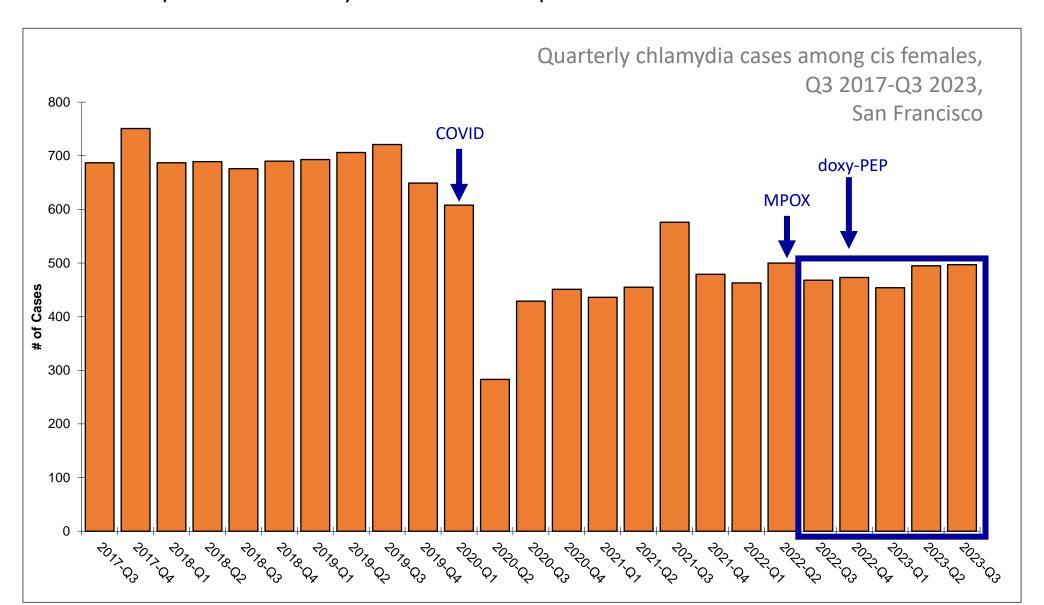
Quarterly <u>citywide</u> chlamydia cases have declined since the introduction of mpox and doxy-PEP for STI prevention.



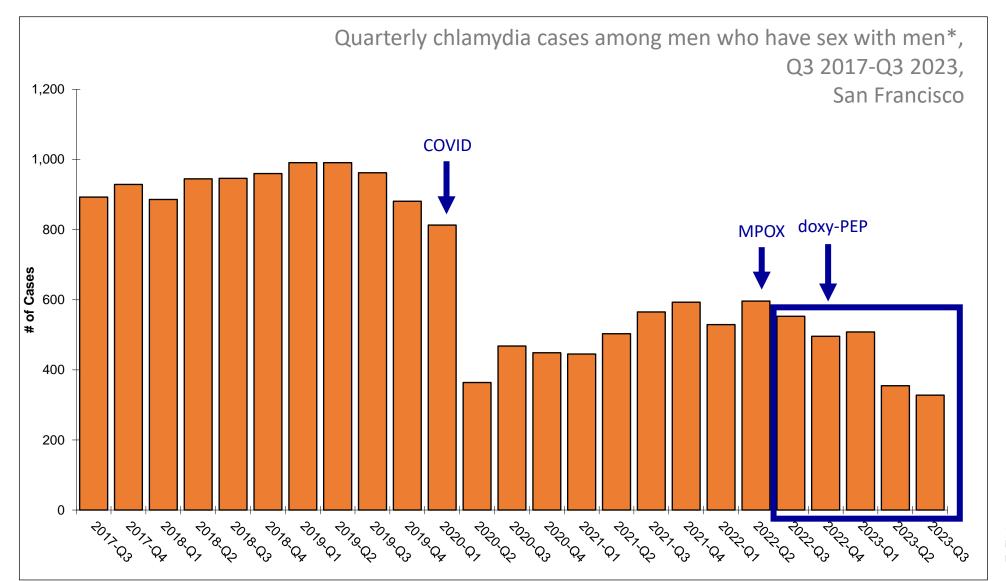
Quarterly <u>citywide</u> chlamydia cases have declined since the introduction of mpox and doxy-PEP for STI prevention.



Quarterly chlamydia cases <u>among cis women</u> have not declined since the introduction of mpox and doxy-PEP for STI prevention.

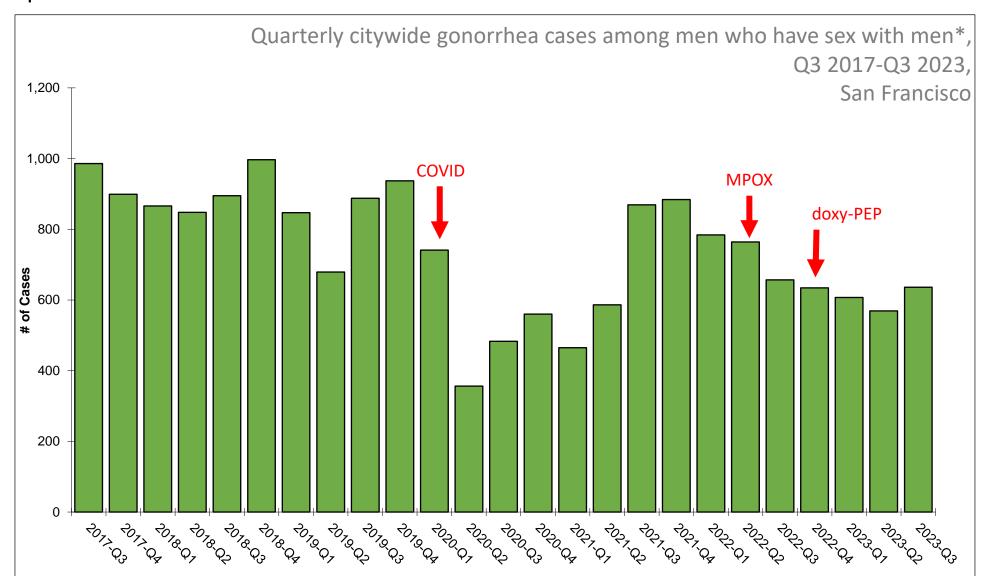


Quarterly chlamydia cases <u>among men who have sex with men</u> have declined since the introduction of mpox and doxy-PEP for STI prevention.



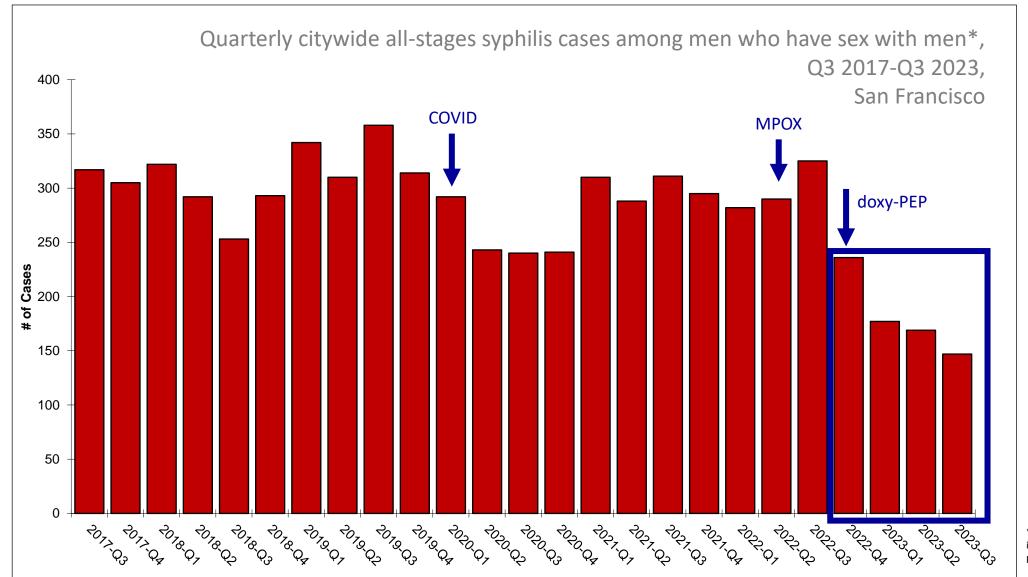
^{*} Based on reported gender identity and sex of sex partners in past 10 years

Quarterly gonorrhea cases <u>among men who have sex with men</u> declined due to COVID and again with the introduction of mpox and doxy-PEP, with an uptick in Q3 2023.



^{*} Based on reported gender identity and sex of sex partners in past 10 years

Quarterly syphilis cases <u>among men who have sex with men</u> have declined since the introduction of mpox and doxy-PEP for STI prevention.



^{*} Based on reported gender identity and sex of sex partners in past 10 years

STI Epidemiology Summary

- Syphilis rates are still higher among cis women, but are projected to reach the plateau of cases in 2023 seen in 2021 (n=184) and 2022 (186).
- The multi-fold increase in the number of pregnant syphilis cases has not led to a multi-fold increase in congenital syphilis cases, but elimination of congenital syphilis remains the objective.
- Mpox is not eliminated; a recent uptick since July 2023 reflects the need for continued vaccine promotion and education for providers and patients.
- Continued STI disparities among adolescents and young adults requires continued efforts to promote screening and education, particularly amongst BIPOC youth.
- Recent declines in chlamydia and syphilis among MSM seen since introduction of mpox and doxy-PEP are being evaluated.

Community Health Equity & Promotion

Nyisha Underwood, MPH

Acting Co-Director, CHEP Branch

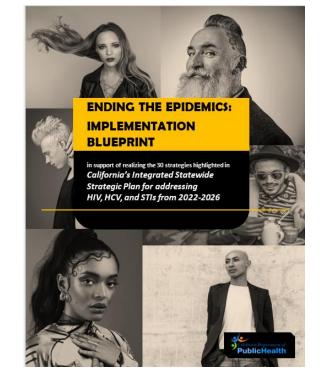
Manager, Equity & Community Sexual and Drug User Health Section

CHEP Branch

Population Health Division, San Francisco Department of Public Health

SF Ending the HIV/HCV/STI Epidemics (ETE) Syndemic Approach

- > Center, advance, and prioritize health equity and racial justice
- Integrate HIV, Hepatitis C (HCV), STIs, prevention and care, COVID, and overdose prevention
- Employ models of status neutral care
- > Ensure that services are as low barrier as possible
- ➤ Value lived experience and fund peer-delivered services
- ➤ Eliminate HIV/HCV/STI-related stigma and discrimination
- Use a harm reduction framework that values human dignity
- > Address social determinants of health





Health Access Point (HAP) Model

Goal: Reduce disparities by addressing vulnerabilities through focused community investment

An HIV, HCV and/or STI test

Treatment for substance use & mental health conditions

Counseling & support

Navigation

Safer injection equipment, condoms & naloxone



Support with food, housing, employment

Prevention & education

PrEP

Health care



Latino/a/x



- Led by Instituto Familiar de la Raza
- With Mission Neighborhood Health Center & San Francisco AIDS Foundation
- Central Hub is at Latino Wellness Center: 1663 Mission St, Suite 603, M/W 10am-8pm and Tues/Thurs/Fri 10am-6pm

Trans Women



- Led by San Francisco Community Health Center
- With IFR, SFAF, Taja's Coalition & St. James Infirmary
- Central Hub is at Trans Thrive: 1460 Pine St. Mon-Fri 2-4:30pm



- Led by UCSF Ward 86
- With Glide, UCSF Alliance Health Project & St. James' Infirmary
- Central Hub is at The Lobby: 1st floor of building 80, Mon-Fri 1-5pm



Gay/ **MSM**

- Led by San Francisco AIDS Foundation
- With Glide, Shanti & San Francisco Community Health Center
- Central Hub is at Strut: 470 Castro St, Tues-Sat 10am-7pm

■ Led by UCSF Alliance Health Project (AHP)

Asian & Pacific

Health Project

- UC_{SF Alliance} Islander
- Central Hub is at AHP: 1930 Market St, Mon-Sat

■ With San Francisco Community Health

Young Adult



- Led by Lavender Youth Recreation & Information Center (Lyric)
- With Huckleberry Youth Programs, Homeless Youth Alliance & San Francisco AIDS Foundation
- Central Hub is at Lyric drop-in: 566 Castro St, M/W/F 2-6pm and Tues/Thurs 11am-6pm

Black / African American



■ Led by Rafiki Coalition

Center

With San Francisco AIDS Foundation, 3rd Street Youth Center, Positive Resource Center & UCSF Alliance Health Project

Focused Efforts with Latino/a/x Communities

- GM Consulting/Promotores/as
- Increasing screening for STIs at Latino/a/x HAP
- Partnering with LTF/UCSF (Unidos en Salud) for HIV and STI screening
- Workforce Development support



























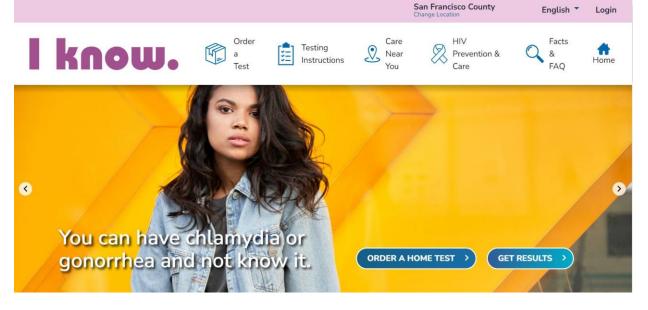
Focused Efforts with Black/African American Communities

- 3rd St. Health Educator for sexual health education for youth
- SFAF
 - Clinic Internship focus on workforce Development of BIPOC
 - Contingency Management Bayview
- 3 CAP programs Code Tenderloin, Wise Health, Urban Academy
- Black/African American Health Access Point (HAP)



HIV and STI prevention with youth

SF. Don't Think Know



Youth Storytelling Project



About the Cohort 2022



The Tale of Two Cities



Sensuality

Equity Focused Services for People Who Use Drugs and People Experiencing Homelessness

- The Lobby opened at ZSFGH, first floor clinic space, building 80
 - UCSF Ward 86 (lead) in collaboration with Glide and UCSF Alliance Health project
 - Low barrier access to testing and treatment for people who use drugs, people who are unhoused and/or unstably house, people who engage in sex work
 - Health Access Point (HAP) focused expertise to address the unique needs of PWUD/PEH
- WISHES Team: supporting services for PWUD and PEH across all the HAPs
 - Integrated, low barrier HIV/HCV/STI services for PWUD/PEH
 - Harm reduction education and systems capacity building
 - Overdose prevention, education, and naloxone distribution
 - Harm reduction supplies for sexual and substance use health
 - Community engagement with PWUD/PEH
 - Integrated sexual and behavioral health services



Wellness Initiative for Sexual Health Equity & Safer Use

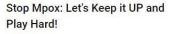
Mpox prevention: Community-based vaccination events and PSAs











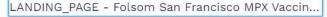
19 views • 7 months ago



Stop Mpox: Let's Keep it UP and Play Hard!

17 views • 7 months ago





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Scans

San Francisco Bic View larger map Rte 23 & Folsom S Map Data Terms of Use Report a map error Welcome to Folsom Street Fair 2023 Pre-Register Here for your Mpox Vaccine: **Summer Vibes!** For Locations to get your Mpox Vaccine please see links below or text summervibes to 21201 to get a list sent to your phone. For a chance to win a \$600 value play gear kit. follow the steps below:

Disease Prevention & Control

Stephanie Cohen, MD, MPH
Director, HIV/STI Prevention and Control Section
Disease Prevention and Control Branch
Population Health Division, San Francisco
Department of Public Health



Getting to Zero San Francisco Priorities



Centering Racial Equity To Attain Improved Outcomes For All San Franciscans

"Pillar" Committees

- 1. HIV Pre and post-exposure prophylaxis (with scale-up in Latinx/African Americans, PEH, people who use drugs)
- 2. RAPID, Restart & Retention (low barrier care models)
- 3. People Experiencing Homelessness (long-acting prevention/treatment, advocate for housing)
- 4. HIV & Aging (mental health needs)

<u>Initiatives Addressing Immediate Challenges</u>

- Drug Overdose Prevention
- Tracking New Product Use Injectable medications for HIV prevention and treatment and Doxycycline post-exposure prophylaxis for STI prevention
- Adolescent & Young Adult
- COVID & Mpox
- Informed Free Choice in Infant Feeding

December 6th Consortium Meeting & Discussion focused on Mental Health

Linking individuals with HIV and STIs to prevention, treatment and care



- In 2021, provided navigation services to 81 individuals living with HIV and not-in-care; 57% PEH and of those, 57% virally suppressed 12 months later
- In 2022:
 - 210 patients newly diagnosed with HIV assigned for partner services and linkage
 - 491 patients with syphilis assigned for partner services, including 18 pregnant people with syphilis
 - Ascertained pregnancy status for 98% of cis women with early syphilis
- to offer partner services, health education, linkage to treatment, and referrals of partners for PEP



Congenital syphilis remains a top program priority

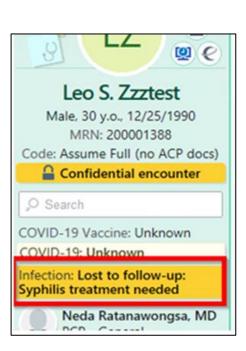
Congenital syphilis 17% Therapeutic or 18 people spontaneous diagnosed with abortion syphilis during 22% pregnancy in 2022 Averted case 50%

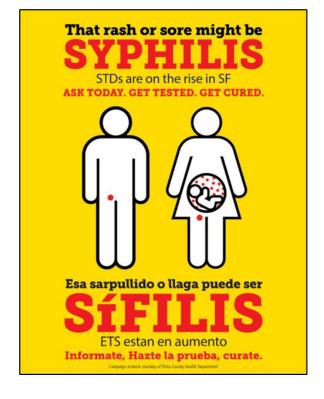
Newborn syphilis cases at 'dire' levels as analysis shows tenfold increase in last decade: CDC

Syphilis has been on the rise in recent years.

By Dr. Anna Roesler Serveys

Tuesday, November 7, 2023





Educate providers about sexual health: Provider Consultation, Training and Capacity Building



Work closely with clinics and providers serving populations disproportionately impacted by HIV and STIs:

- Street medicine and shelter health
 - Point of care HIV/STI testing during outreach and in navigation centers, MXM
- Support for HAPs
- TA and systems change to support PrEP and HIV/STI screening throughout SFHN

Ensure Access to Sexual Health

- SF City Clinic (SFCC) is a nationally-recognized center of excellence in sexual health services
- Offers integrated HIV, STI and reproductive health care grounded in a syndemic approach
- In 2020, awarded a 4 year, \$2.8 million grant to optimize HIV prevention in sexual health clinics
- Through Project ExEl:
 - Built PrEP registry in Epic
 - Scaled up express visits
 - Implemented long-acting injectable PrEP
 - Initiated medi-cal billing
 - Community engagement and collaboration with Precita Eyes





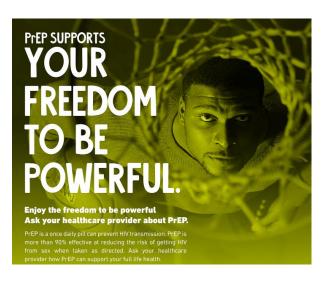
Expand access to biomedical HIV prevention

 HIV pre-exposure prophylaxis is a critical tool in our HIV Getting to Zero efforts

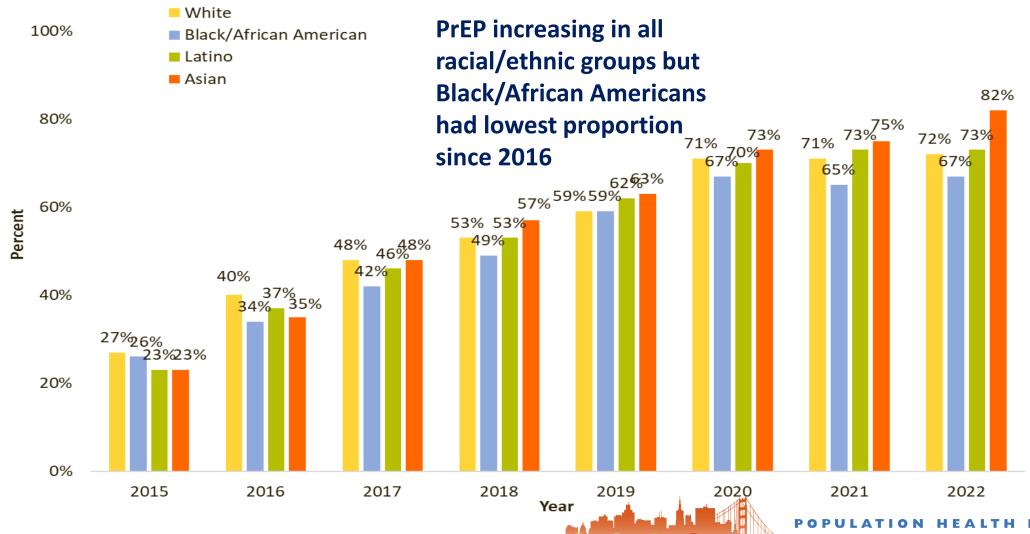


In SF, gaps in PrEP use for cis women, trans women,
 people experiencing homelessness and people who inject drugs

- > 5000 PrEP starts since 2017 at SF City Clinic
 - 55% of patients are uninsured or on medi-cal
 - Offer daily or 2-1-1- oral PrEP
 - Now also offer long-acting injectable PrEP (cabotegravir)



Proportion of PrEP eligible MSM currently on PrEP by Race/ethnicity, San Francisco City Clinic, 2015-2022²

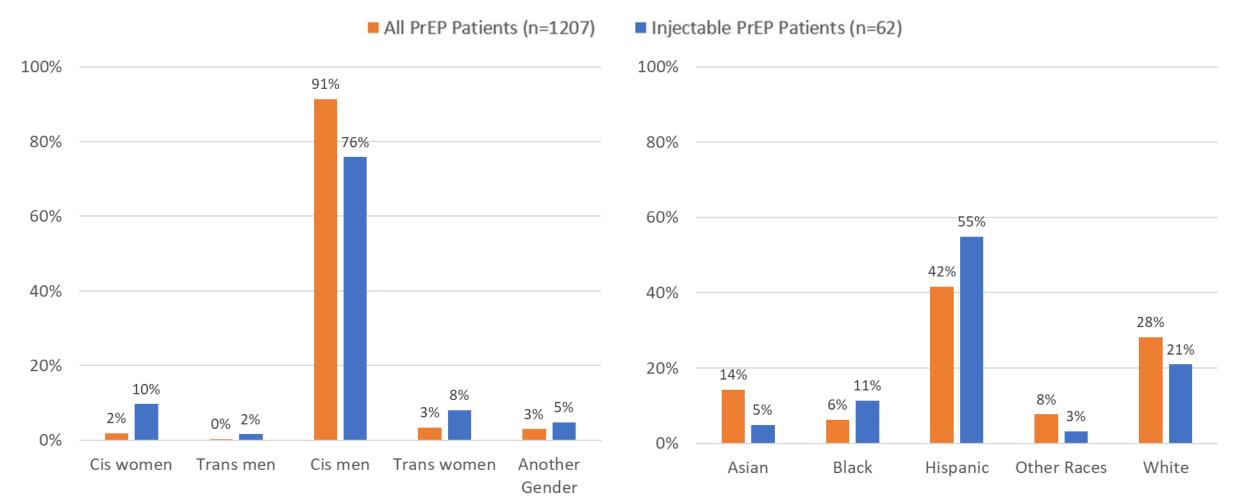


¹ On PrEP at visit: (1) Answer 'yes' to are you currently on PrEP or (2) Enrolled in PrEP as of visit. Due to continuous quality improvement of data cleaning and management processes, data are subject to change and might be different in previous reports.

Data for some racial/ethnic groups are too small and may be unstable to be released separately.

New injectable, long-acting injectable is reaching patients not on oral PrEP

SF City Clinic PrEP patients by gender and race/ethnicity, January - October 2023



SFDPH Released Interim Guidelines for DoxyPEP





Health Update

Doxycycline Post-Exposure Prophylaxis Reduces Incidence of Sexually Transmitted Infections

October 21, 2022

Situational Update

Researchers at the San Francisco Department of Health (SFDPH), Zuckerberg San Francisco General, University of California, San Francisco, and the University of Washington recently collaborated on a randomized controlled clinical trial of post-exposure prophylaxis (PEP) of sexually transmitted infections (STIs) using a single dose of doxycycline 200 mg within 72 hours after oral, anal, or vaginal sex, in men who have sex with men (MSM) and transgender women (TGW) who were living with HIV (PLWH) or taking HIV pre-exposure prophylaxis (HIV PrEP). The study showed that this regimen significantly reduced acquisition of chlamydia, gonorrhea, and syphilis in these populations.

Participants randomized to doxycycline PEP (doxy-PEP) had a 66% (HIV-negative and on PrEP) and 62% (PLWH) reduction in STIs per quarter of study follow-up, compared with participants randomized to standard of care (no doxy-PEP). Taking doxycycline was also safe and well-tolerated by participants, with no drug-related serious adverse events. These data were recently presented at the 2022 International AIDS Conference in Montreal, Canada. Data are still being collected and analyzed to assess the impact of doxy-PEP on risk for drug resistance in bacterial STIs, *Staph aureus*, and commensal *Neisseria*, and on the gut microbiome.

The CDC has released <u>considerations</u> for doxy-PEP as an STI prevention strategy, but there is not yet detailed guidance from CDC on doxy-PEP, for which its indication is currently off-label. STIs can cause significant morbidity and reducing STI rates in San Francisco is an urgent public health priority. **Doxy-PEP** is the first biomedical prevention tool that has been shown to be effective and well-tolerated, community awareness is growing, and many providers in SF are already prescribing doxy-PEP to their patients at risk for STIs. SFDPH is providing guidance to SF clinicians on the use of doxy-PEP to reduce STI incidence in MSM and TGW at risk of bacterial STIs.

Doxy-PEP as part of a comprehensive package of sexual health services



Primary prevention

Education

Condoms

Risk reduction counseling



Vaccines

Hepatitis A & B

HPV

Мрох

Meningococcal Vaccine (ACWY)



PEP, PrEP and TASP

HIV PEP

HIV PrEP (Daily, 2-1-1, LA-injectable)

Doxy-PEP

Linkage to ART



Secondary prevention

STI Screening & Treatment

Partner Services



Address social determinants of health

Mental health& Substance Use treatment

Anti-Poverty

Anti-Racism

Access to care



Policy

Reproductive rights

LGBTQ rights

Criminal justice reform

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HIV/STI Update Summary: Programs

- Social determinants, including homelessness, stigma and institutionalized racism and their downstream effects (substance use, mental health) continue to drive the HIV and STI epidemics
- Data-informed programming to address inequities
- We are implementing a syndemic approach with integration of wrap-up around services in both community and clinical settings
 - Equity-focused, stigma-free, low barrier access to comprehensive services is critical
- New tools in HIV and STI prevention and treatment, including long-acting injectables and doxy-PEP are promising, intensive efforts are needed to ensure equitable access
- Partnerships with health systems, community-based organizations and our newly launched HAPs are core elements of our response



