

# 2023-2024 Maternal, Child, & Adolescent Health Needs Assessment

## Child Health

MCAH checks for:

- **Numbers affected:** How many children are affected by this health issue?
- **Current rate:** What percentage of children are affected by this health issue?
- **Trends:** Has the health issue gotten worse or better over the past decade?
- **Disparities:** Does risk of the health issue vary by race-ethnicity, insurance, or where someone lives?

If you don't find health issue(s) that matters most to you on this list,  
please click here to add any you feel are missing.

Note, "program" or "enrollment" refers information from Head Start Program

### Access to services

#### Insurance

Children with Health Insurance (at enrollment and at end of enrollment year)
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#### Medical

Top 3 reasons for emergency room hospital visits
Usual source of health care (medical home)
Visit to medical doctor
Pediatric well checks
Care coordination
Developmental screening
Lead screening in children
Testing for Pharyngitis (swelling of the throat's mucous membranes)
Emergency room visit or admission for dehydration, malnutrition, preventable conditions, asthma, mental health, dental care
Emergency/Crisis Intervention - # of families that received this service during the Head Start program year
Asthma - Current action plan
Received All Possible Immunizations

#### Individuals with Disabilities Education Act (IDEA) eligibility

Number of children who received an evaluation, not diagnosed with a disability under IDEA
Number children who received medical treatment for their diagnosed chronic health condition

### Injury and Death

Child maltreatment
Child death rate
Causes of child death
Emergency room visits for injury
Hospital admissions for injury (vehicle, assault, gun, self-harm, substance use)

## Mental Health and Cognitive

Newly enrolled children who completed behavioral screenings
Received psychological/emotional counseling in past year
Hospital admission for mental health diagnosis
Emotional disturbance
Emotional disturbance received services
Follow up care for children prescribed Attention Deficit Hyperactivity Disorder (ADHD) medication

## Oral Health

Preventive dental care (Denti-Cal eligible only)
Delayed access to dental care
Denti-Cal eligible who are Head Start students who saw a dentist
Usual place for dental care (dental home)
Percent of children who needed dental care and received care
Days of school missed because of dental problems
Screened for dental problem
Received topical fluoride

## Physical Health and Growth

### Weight / Growth

Excess weight at birth
Excess weight in infancy
Underweight, overweight, obese in school
Underweight, overweight, obese in childcare

### Health conditions

Top 5 reasons for hospital admission
Needs or gets special therapy
Needs prescription medicine for health condition
Aerobic capacity
Asthma
Diabetes
Life-threatening allergies (e.g., food allergies, bee stings, and medications)
Vision problems
Hearing problems

## Demographic - Public support system for families

Homeless families acquired housing
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Housing assistance - # of families that received this service during the program year
Receiving Supplemental Nutrition Assistance Program (SNAP) Benefits - # of families at enrollment & at end of enrollment year
Receiving Supplemental Security Income (SSI) Benefits - # of families at enrollment & at end of enrollment year
Receiving Temporary Assistance for Needy Families (TANF) Benefits - # of families at enrollment & at end of enrollment year
Child welfare agency referral children served
Foster care children served
Homeless children served
Homeless families served
Number of all newly enrolled children since last year's Program Information Report (PIR)
Asset Building Services - # of families that received this service during the program year
Assistance in enrolling into an education or job training program
Assistance to families of incarcerated individuals - # of families that received this service during the program year

Did not find health issue(s) that matters most to you on this list?  
[Click here to add any you feel are missing.](#)

Important to note, MCAH Epidemiology may not have data for all health topics. If partners or programs can provide a data source, [please contact us](#) and we may be able to include in the assessment.

If data is not available, we will document and track the interest/need to collect data for future efforts.