

2023-2024 Maternal, Child, & Adolescent Health Needs Assessment

Adolescent Health

MCAH checks for:

- **Numbers affected:** How many adolescents are affected by this health issue?
- **Current rate:** What percentage of adolescents are affected by this health issue?
- **Trends:** Has the health issue gotten worse or better over the past decade?
- **Disparities:** Does risk of the health issue vary by race-ethnicity, insurance, or where someone lives?

If you don't find health issue(s) that matters most to you on this list,
please click here to add any you feel are missing.

Access to services

Top 3 reasons for emergency room hospital visits
Health insurance
Last time saw doctor for routine physical exam or check-up
Number of doctor visits in past year
Emergency room hospital admission for preventable conditions, dehydration, malnutrition, asthma, mental health, dental care
Weight assessment and counseling for nutrition and physical activity for children and adolescents
Immunizations for adolescents
Adolescent well-care visits
Depression screening and follow-up
Never tested for HIV
Not tested for STD (chlamydia, gonorrhea) in the past 12 months

Health Behavior

Current E-Cigarette Smoker-Teen
Did not eat breakfast
Not physically active for at least 60 minutes per day on 5 days
Smoked cigarettes on at least 1 day in the past 30 days
Used electronic vapor products daily
Drank alcohol on a least one day in past 30 days
Used marijuana
Used cocaine
Used heroin
Used methamphetamines
Ever used ecstasy
Did not get 8 or more hours of sleep on an average school night

Injury and Death

Adolescent abuse, neglect
Has had adverse childhood experiences
Death rate
Cause of death
Emergency room hospital admission for assault, car accident, substance overdose, suicide attempts
In a physical fight during the 12 months before the survey
Electronically bullied
Intimate partner violence

Mental Health and Cognitive

Teen needed help for emotional/mental health problems
Hospital admission for mental health diagnosis
Hospital admission for eating disorder
Hospital admission check top 5 primary diagnoses
Felt sad or hopeless almost every day for 2 or more weeks in past 12 months
Seriously considered attempting suicide in past 12 months

Physical Health and Growth

Teen birth
Self-reported overweight or obese
Tested positive for gonorrhea, chlamydia, HIV, trichomonas, syphilis (see request for age range)
Measured body composition outside healthy fitness zone (HFZ)
Aerobic capacity
Unplanned pregnancy

Did not find health issue(s) that matters most to you on this list?
[Click here to add any you feel are missing.](#)

Important to note, MCAH Epidemiology may not have data for all health topics. If partners or programs can provide a data source, [please contact us](#) and we may be able to include in the assessment.

If data is not available, we will document and track the interest/need to collect data for future efforts.