



**PROGRAM DESCRIPTION
(2022)**

Chinatown/North Beach Mental Health Services offers an array of outpatient behavioral health services to adolescents (14 years and older), adults, and older adults who reside primarily in the Chinatown and North Beach areas. Many living in the community are immigrants or refugees.

Services include: assessment, individual therapy/counseling, case management, family intervention, crisis intervention, medications, group activities and therapy, crisis outreach, consultation, education and information activities, acupuncture treatment for psychiatric disorders and substance disorders, and a wellness recovery services.

The outpatient clinic and wellness recovery program operate from the basic philosophy that services need to be accessible, welcoming, and culturally appropriate. A harm reduction approach is offered to help persons who have both substance use and mental health issues. Goals are to help people in their recovery from psychiatric illness, and co-occurring disorders, build on hope and the strengths of the individual and family, and help enable persons to return to productive living in the community. Staff are multidisciplinary, consisting of psychiatrists, pharmacists, social workers, nurses, paraprofessionals, acupuncturist, and vocational counselors. Staff are multilingual in Chinese, Vietnamese, Cambodian, Russian, and English.

Clinic hours are Monday through Friday, 8:30 AM – 5:00 PM. Drop-in hours for new clients are Monday through Friday 9:00 AM – 11:00 AM. Persons requesting services may come in during drop-in hours or call for an appointment. Clinic is closed for lunch from 12 noon to 1pm.