

# Emergency Department Update

Friday, February 10, 2023

Issue # 138

## GENERAL

### **BLACK HISTORY MONTH**

Celebrate Black History Month! There are several events here on campus this month celebrating African American history.

**February 15**—Special Wellbeing Conversations Lounge: ZSFG Wellness Center-11:30 AM – 1 PM (In-person event)

**February 21**—Movie and Discussion – ZSFG Wellness Center-10:30 AM – 1:00 PM (in-person event)

**February 22**—ZSFG Wellbeing Pop – ZSFG Wellness Center-10:30 – 1:00 PM (in-person event)

**February 28**—The Voices and The Journey of Our African America Staff – ZSFG Wellness Center – 12:00 PM- 2:00 PM (in-person and Live Streamed)



ZSFG Celebrates  
**BLACK  
HISTORY  
MONTH**



Use this QR Code for Live Streaming program information.

### **BE KIND TO YOURSELF AND ONE ANOTHER**

One can easily say that at its baseline the ED can be a stressful place to work. The last three years have only added to that. All of us have felt pushed to the limits at times. So, taking this opportunity to remind everyone of the importance of selfcare and a reminder to be kind to one another. It is one thing that is within our control when so much other stuff is not.

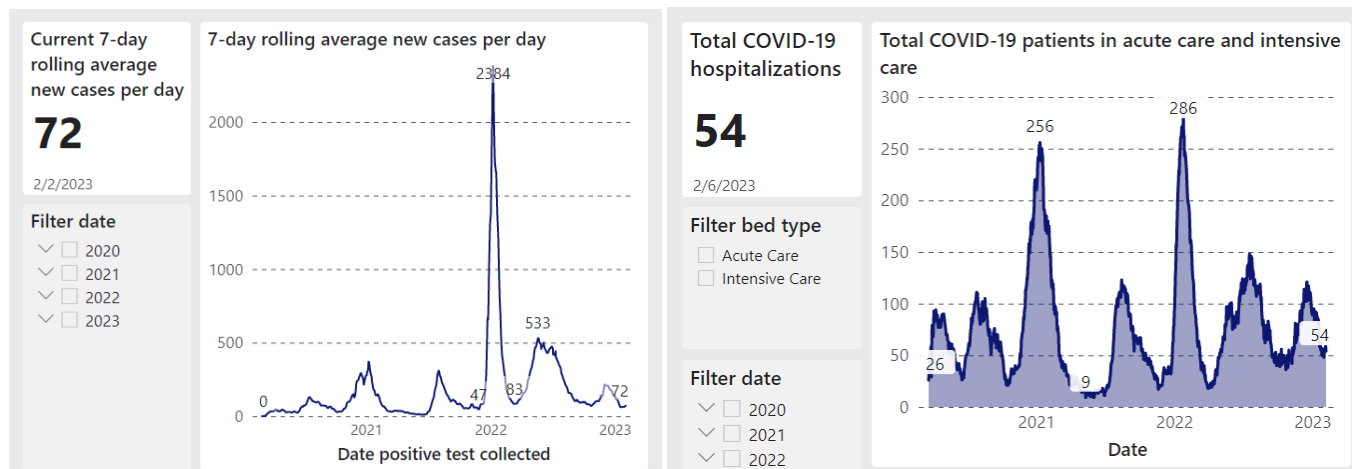
### **TJC STROKE SURVEY**

TJC is will be on campus next week for a Stroke Center survey and recertification. Please ensure that all your Annual Stroke education modules have been completed. The nurse managers have sent out some FAQs and information on the survey. Be sure to check you email for them.

## HOSPITAL COVID SURGE LEVEL

- As of Friday, February 10, 2022 we have **8** COVID positive hospitalized patients at ZSFG putting us at a Hospital Surge Level of **GREEN**

## COVID-19 CITY WIDE DATA



Last week's number: 63

Last week's number: 53

## EDUCATIONAL OPPORTUNITIES

### PEM PEARL

Dina Wallin, MD, FACEP, FAAP

Whenever we discharge a kid from the ED after **treatment with ondansetron for vomiting**, the thought is always there that maybe we are missing a serious alternative diagnosis. [A recent study](#) is inching toward the answer to that, looking at **return visits** for kids who were discharged after being treated in the ED with ondansetron for vomiting.

The good news? Most kids who re-presented to the ED were discharged after the return visit. Unfortunately, there were **no predictors of return visit, admission, or serious alternate diagnosis**. Only 5.6% of kids returned with a potentially serious diagnosis-- 2 cases of **pneumonia**, 1 case of **aseptic meningitis**, 1 case of **intussusception**, and 1 case of **ovarian torsion**.

While it's disappointing to see that it was impossible to predict who'd return and need to be admitted, I take a few points away from this article:

- Most kids who are treated in the ED with ondansetron and discharged home do well, even if they have to return to the ED.
- Not all vomiting is gastroenteritis!** Super important to not only consider alternate diagnoses (and perform a thorough history and physical to detect them), but also to counsel families on specific return precautions ("doing worse" is not enough).

So, ondansetron away! 😊 As always, please keep me posted with any interesting cases you have, including bouncebacks.

BONUS PEM Pearl that is short, but sweet. **SFGH is the designated hospital in San Francisco for evaluation post sexual assault for pediatric patients.** These patients cannot go to Mission Bay. The CASARC (Child and Adolescent Support, Advocacy, & Resource Center) is available 24/7 at **(415) 327-3018**, backup pager (415) 327-9708 to connect with the providers and discuss next steps.

Please stay tuned for a streamlined workflow on E\*Drive for the evaluation of suspected child maltreatment-- coming soon!

### **ENPC COURSES 2023**

- May 11-12 To register go to <https://May2023ENPC.eventbrite.com>
- September 14-15 To register go to <https://Sept2023ENPC.eventbrite.com>
- November 2-3 To register go to <https://Nov2023ENPC.eventbrite.com>

### **ACLS-EP COURSE**

- March 9<sup>th</sup> 1100-1900 o register go to [www.ZSFGlearn.org](http://www.ZSFGlearn.org)

## **EQUIPMENT, SUPPLIES, PRODUCTS**

### **SUPPLIES**

O2 Sat single use probs—we receive some last night, and more are coming in tonight's delivery

## **CELEBRATIONS/ANNOUNCEMENTS**

### **CELEBRATIONS**

Send me your celebrations ([david.staconis@sfdph.org](mailto:david.staconis@sfdph.org)) that you would like included in the ED Updates and I will share them here.

It is with great anticipation and excitement that I am able to announce that **Rachel Perry Limon, MS, RN, CNS** has accepted the position of ED CNS. A formal organizational announcement will be coming out soon, but I wanted to let everyone know and be able to congratulate Rachel on her new role. We are very fortunate to have Rachel step into this role to help support the department's practice. Congratulations Rachel! ~**Dave Staconis, Nursing Director**

I wanted to send a shout out to the **Chaplain Lauren**. Last week we had a very distressed agitated and delusional pt. Lauren came and sat with for 1.5hrs even though her shift had ended. She was critical in building trust with the patient and facilitated getting the pt medicated and to PES for further care. She went above and beyond, very grateful for her patience and calming presence with this challenging pt. ~**Annie Chocas, RN**

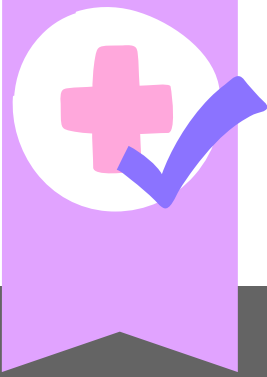
Current ENTPs **Aaron Dudum, RN** and **Ana Paniagua, RN** have been demonstrating excellent team nursing on busy back-to-back shifts in Pod B. Day 1, they quickly recognized and prioritized a patient with a ruptured ectopic pregnancy by teaming up to very quickly get 2 points of

access and labs started. Day 2, they teamed up to get a line, labs, meds and lumbar puncture on a febrile 3 week neonate. Well done Aaron and Ana on your prioritization and demonstrating excellent teamwork! ~**Paul Leow, RN**

Big shout out to **Ana Lopez, MEA** for going above and beyond to advocate for a Spanish speaking patient in the clinics. This patient was back to complete a visit and got bounced around between UCC and the family health center and Ana made sure the patient was seen and had a follow up appointment, translating with various front desk staff to prevent miscommunications. Ana made a huge difference in this patient's care. ~**Sarah Dice-Goldberg, RN**

I'd like to give a massive shout out to **Katie Aschero, RN**. She had a patient with severe dementia in Pod A who she was able to keep calm, safely take care of without the use of restraints and get her CT scanner and discharged within 5 hours. We <3 Katie and her geriatric care! ~**Annie Chocas, RN**

I just wanted to forward you a kudos for an incredible save on an out of hospital cardiac arrest we had Friday 1/27. I am probably missing some names but aside from the MDs, **Helen Hou, PharmD** from pharmacy along with **Julia Cotteral, RN**; **Ray Ma, RN**; **Stephen Haydon, RN**; **Eric Hammer, RN**. Ultimately the patient achieved ROSC in the ED after TPA and is admitted in the ICU awake and following commands. It was a great team effort all around. ~**Steven Straube, MD**



# BEE SAFE MONTHLY BUZZ

FROM SFDPH OCCUPATIONAL SAFETY AND HEALTH

FEBRUARY 2023 • ISSUE 13 • VOLUME 2

[CLICK HERE](#) FOR OUR ENTIRE BUZZ LIBRARY

**Body mechanics**-related injuries and **blood and body fluid exposures** are the highest occurring OSHA-recordable injuries among SFDPH staff. The 'Bee Safe Monthly Buzz' offers education and prevention tips each month to help keep our workers safe from these hazards.


## DON'T RECAP: A RECAP

*According to OSHA guidelines, used needles should not be recapped before placing in a sharps container\**

### ALWAYS

- Activate the safety mechanism immediately after the device is used (when applicable)
- Hold used needles in a needle nest if they cannot be immediately discarded
- Discard sharps promptly in a designated sharps container **without capping**

### NEVER

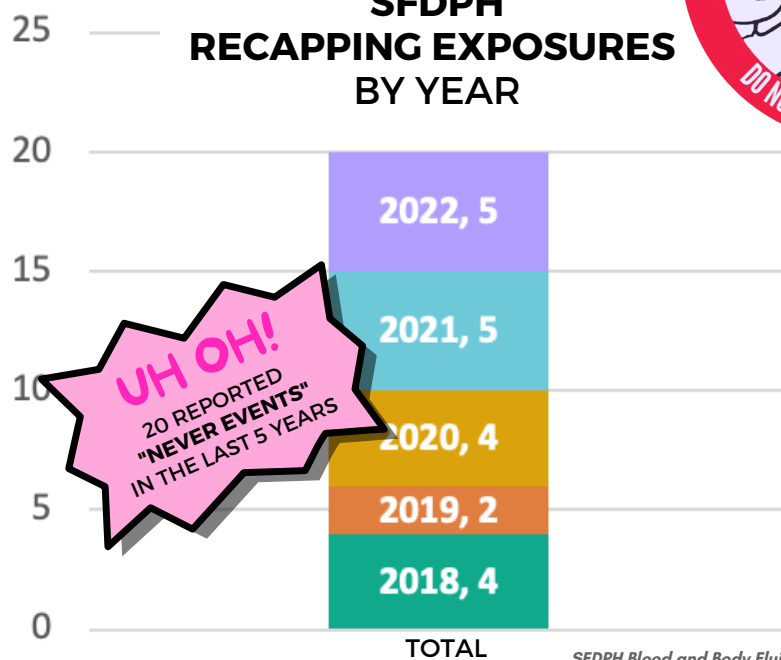
- Use 2 hands to recap a needle
  - *\*In rare circumstances, the "scoop technique" can be used for recapping*
    - See instructional video here: 
- Bend or break needles or other sharps



**DON'T LET THIS BEE YOU:**

*"I was giving an IM injection to a patient. After I withdrew the needle, I attempted to recap the needle. I missed and stuck my finger instead."*

## SFDPH RECAPPING EXPOSURES BY YEAR



SFDPH Blood and Body Fluid  
Exposure Log, 2022

Contact Us at [Monthly.Buzz@sfdph.org](mailto:Monthly.Buzz@sfdph.org)