

MPX (Monkeypox) Vaccine

Tips and Self-Care

You will be getting an intradermal Jynneos vaccine today – a smaller, but equally strong, dose that is injected between layers of skin.

Background

What should I expect?

A very tiny needle is used to inject a very small amount of vaccine inside layers of your skin. This makes a small fluid-filled swelling. Sometimes a drop of the vaccine might leak out, but enough of the dose will stay inside the layers of your skin. In the first 6 to 12 hours after your shot, you'll probably notice that the injection site is a bit redder, or firmer like an insect bite. It can sometimes be itchy.

Can I choose to get a shot in the arm?

No. We are giving people the intradermal Jynneos vaccine so that we can protect more people in our community. Only people who have a known history of a keloid scar, or people who are under the age of 18 will get a subcutaneous (under the skin) shot in the arm. Again, the intradermal shot gives a similar level of protection against monkeypox.

After Your Vaccination

Are there any side effects to getting this vaccine?

Vaccines inside the layers of skin have been used for many decades in healthcare and are known to cause a strong immune response. You may develop

a mild fever, tiredness, and muscle aches. You may also develop a red and itchy spot where the vaccine was given that can last for weeks, and some mild redness, firmness, or color changes for a longer period. Avoid scratching it or putting any lotions or medication on it. You can cover your injection spot with a bandage or put a cool cloth on it to reduce the itchiness.

What do I do if I never get a red spot or any change at all?

If your injection does not have any redness or firmness, or even mild itching, contact your doctor. You may need to get another injection.

Am I now protected?

It is important to remember that the Jynneos vaccine needs two shots, at least 28 days apart. Take steps to protect yourself from an infection during this time and be aware that no vaccine is 100% effective. You can learn more at: sf.gov/monkeypox

When It Is Time for Your Second Shot

When I get a second dose, will I get another vaccination like this one?

Yes. When it is time for your second dose after 28 days, be sure to check when one might be available to you.



City & County of San Francisco
Department of Public Health

Visit sf.gov/monkeypox

