What is **Monkeypox?**

Monkeypox is a virus that appears as a distinctive rash, and spreads through close contact skin to skin, sex, kissing, and breathing at close range.

How to protect yourself:

Cover exposed skin in crowds

Don't share bedding or clothing

Ask close physical contacts about recent rashes or sores

Stay aware when traveling to outbreak countries

See a provider right away if you have a rash, or if you have been in contact with someone who has monkeypox. Stay home if you feel sick.

For more info, visit
sf.gov/monkeypox

City & County of San Francisco
Department of Public Health