

Are you safe at home?

If you are feeling unsafe or need support to keep yourself and others safe while sheltering at home, **we are here for you. You can get help now.**

If you are in immediate danger, call or text 911.

There are **resources available** to you. You can get temporary shelter and other services to plan for your safety and the safety of your loved ones.

Help for parents:

TALKLine Parental Support

24-Hour Support:
415-441-KIDS(5437)

Family and Children's Services

24-Hour Hotline: 800-856-5553

Help for older adults:

Institute on Aging — Friendship Line

24-Hour Hotline: 800-971-0016

Adult Protective Services

24-Hour Hotline: 415-355-6700



Scan for online list of resources



City & County of San Francisco

Help for Domestic Violence

National Domestic Violence Hotline

800-799-7233

Asian Women's Shelter

24-Hour Crisis Line:
877-751-0880

W.O.M.A.N., Inc.

24-Hour Crisis Line:
415-864-4722
877-384-3578

La Casa de las Madres

24-Hour Adult Crisis Line:
877-503-1850

24-Hour Teen Crisis Line:
877-923-0700

24-Hour Text Crisis Line:
415-200-3575

St. Vincent de Paul Society – Riley Center

24-Hour Support Line:
415-255-0165