Ketamine (Ketalar) – Public Comment January 2024

ACTION: Dissociative anesthetic

• N-methyl-Daspartate (NMDA) receptor agonist with a potent anesthetic effect.

INDICATIONS:

- Moderate to Severe Pain
- Pain not effectively managed with ketorolac, ibuprofen or BLS measures
- Allergy to fentanyl

| INDICATION | ADULT/ | | |
|--------------------------------|--|--|--|
| | PEDIATRIC (3 years and up) | | |
| Moderate to Severe Pain | IV/IO 0.25mg/kg in 100ml of NS/D5W Slow infusion over 10 | | |
| Pain not effectively managed | minutes | | |
| with Ketorolac, Ibuprofen, or | • IM/IN 0.25mg/kg | | |
| BLS measures | Max dose for all routes is 30mg, no repeat dosing | | |
| Allergy to Fentanyl | | | |

CONTRAINDICATIONS:

- Pregnancy
- Chest pain of cardiac origin
- History of schizophrenia
- Hypersensitivity to Ketamine

POTENTIAL SIDE EFFECTS:

| • | Dizziness | Drowsiness |
|---|------------------------------|--------------------------------|
| • | Respiratory depression/Apnea | Psychosis |
| • | Nausea/vomiting | • Amnesia |
| • | Hypertension | • Seizures |
| • | Impaired motor function | |

ADULT & PEDIATRIC DOSE/ROUTE:

Approved for ages 3 years and up

- ⇒ IV/IO 0.25mg/kg in 100ml of NS/D5W Slow infusion over 10 minutes
- ⇒ IM/IN 0.25mg/kg

NOTES:

- DO NOT co-administer Fentanyl and ketamine
- Cardiac monitoring with SpO₂, EtCO₂ and monitoring patient's LOC is required

• Contact the Base Hospital Physician if repeat doses of Ketamine are required for adequate pain control.

