2.02 ALLERGIC REACTION

BLS Treatment – ALL Allergic Reactions
• Position of comfort. • NPO • **Oxygen** as indicated. • May help patient administer their personal EpiPen autoinjector or equivalent product. • If patient does not have a personal autoinjector, give IM EpiPen autoinjector or equivalent product for suspected anaphylaxis and/or severe asthma if EMT has been trained. • If EMT trained and accredited to use Draw-up technique, administer IM **Epinephrine** injection
ALS Treatment - SPECIFIC Allergic Reactions
MILD ALLERGIC REACTION Hives, rash and/or itching • **Diphenhydramine**
ANAPHYLAXIS (SYSTEMIC REACTION) WITHOUT SHOCK Normal blood pressure with any 2 body systems involved, such as: hives, rash, wheezing, cough, chest tightness, stridor, grunting, swallowing difficulty and/or throat tightness, lip/facial swelling, anxiousness, abdominal cramping, nausea/vomiting. • IM **Epinephrine** • Establish IV/IO **Normal Saline** TKO • **Diphenhydramine** • **Albuterol** for wheezing
ANAPHYLAXIS WITH SHOCK Low blood pressure with signs of hypoperfusion, such as: altered mental status, agitation, restlessness, somnolence, poor skin signs (pale, cool, diaphoretic, and/or cyanotic), low SpO2, delayed or poor capillary refill. • Same treatments as in Anaphylaxis Without Shock but if no response to IM **Epinephrine** and fluid bolus, administer IV/IO **Epinephrine infusion**.